

# SWIM LESSONS

at the Covington Aquatic Center, Spring 2017

March 6, 2017 - June 25, 2017

Listed below are dates for the Covington Aquatic Center's swim lesson sessions offered during Spring 2017. Cost is listed to the right and based upon the number of classes in a session, which are 30 minutes in length (except for Special Lessons, which are all 1-hour in length.) Special Lessons may include Advanced Swim Training, Adult Swim Training, Competitive Swim Training, and more!

Days	Dates	Grade Day	# of Classes
Mon. & Wed.	3/6-3/29	3/27	8
Tue. & Thurs.	3/7-3/30	3/28	8
Fri.	3/10-4/28	4/21	8
Sat.	3/11-4/29	4/22	8
Sun.	3/12-4/30	4/23	7*
Mon. & Wed.	4/3-4/26	4/24	8
Tue. & Thurs.	4/4-4/27	4/25	8
Mon. & Wed.	5/1-5/24	5/22	8
Tue. & Thurs.	5/2-5/25	5/23	8
Fri.	5/5-6/23	6/16	8
Sat.	5/6-6/24	6/17	8
Sun.	5/7-6/25	6/18	8
Mon. & Wed.	5/29-6/21	6/19	8
Tue. & Thurs.	5/30-6/22	6/20	8

\*No classes shall be conducted on April 16, Easter Sunday.

## Want some one-on-one practice?

Consider taking Private Lessons! These 30-minute lessons are taken with an instructor of your choice during our normal swim lesson times and are scheduled in advance. For pricing and additional information, contact us at (253) 480-2480 or stop by!

## Cost\*

### 7 classes

Parent & Child	\$50.75/\$42.00 CDF
Preschool/LTS/Adult	\$70.00/\$57.75 CDF
Competition	\$110.25/\$91.00 CDF

### 8 classes

Parent & Child	\$58.00/\$48.00 CDF
Preschool/LTS/Adult	\$80.00/\$66.00 CDF
Competition	\$126.00/\$104.00 CDF

## Times

For individual class times, availability, and registration, please visit us online at [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac) or contact us over the phone at (253) 480-2480 or in person at 18230 SE 240th St. Covington, WA 98042.

## What to bring

Participants are expected to bring:  
 a swimsuit  
 a towel  
 goggles (Preschool 3 and up)  
 and a fun attitude!

\*Note: All fees are as of August 29, 2016, and are subject to change per CMC 8.40.040 The Covington Resident Fee (discounted) is denoted with CDF.



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## Learn to Swim!

We are pleased to offer a comprehensive program designed by the American Red Cross. Classes are offered for all ages and all ability levels. Beginning levels focus on water adjustment and introduce basic swimming and water safety skills. More advanced levels concentrate on stroke development, stroke refinement and additional water safety skills.

## What Class is Right for You?

Placing of your child into the correct level is critical for their success. Each swimming level focuses on different skills, depending on age and ability. If your child is a beginner, they will start in the first level of either Parent & Child Aquatics, Preschool Aquatics, or Learn to Swim, depending on their age. If your child has had lessons before or has some swimming experience, their swimming ability needs to be assessed to determine the appropriate level in our swim lesson program. We provide Placement Tests free of charge during our Public Swims.

Age	Class
6 months to 4 years old	Parent & Child Aquatics Levels 1 and 2
4 and 5 years old	Preschool Aquatics Levels 1-3
6 to 14 years old	Learn to Swim Levels 1-6
15 years or older	Adult Swim Lessons, Intermediate and Advanced

## The First Day

On your first day, arrive early and know the time and level of your lesson. The instructor will meet the registered students at the location indicated on your registration receipt. Each class meets at a station, which is easily found by locating the signs around the perimeter of the pool area. Students should wait next to the sign until the class begins and an instructor calls out the student's name.

## Registration for Currently Enrolled Students

On Grade Day instructors will make the final determination whether students will progress to the next level or continue working on their skills in their current level. Immediately after class on Grade Day, you may find out at the front desk whether your child will continue at the same level or move to the next level and register for an upcoming session. (If you would prefer not to wait until Grade Day to register your child, you may only register early for the level in which your child is currently enrolled.)

## What Next?

Progressing through our lesson program is a significant achievement. But the fun doesn't stop! Once your child has reached the upper Learn to Swim Levels, they may be interested in other aquatic classes that we offer, such as Learn to Dive, Competitive Swimming, Advanced Swim Training, Aquatic Volunteer Academy, and more! Information about these programs is available at the Covington Aquatic Center front desk.



**American  
Red Cross**