Covington Aquatic Center
(253) 480-2480 ● 18230 SE 240th St
www.covingtonwa.gov/cac

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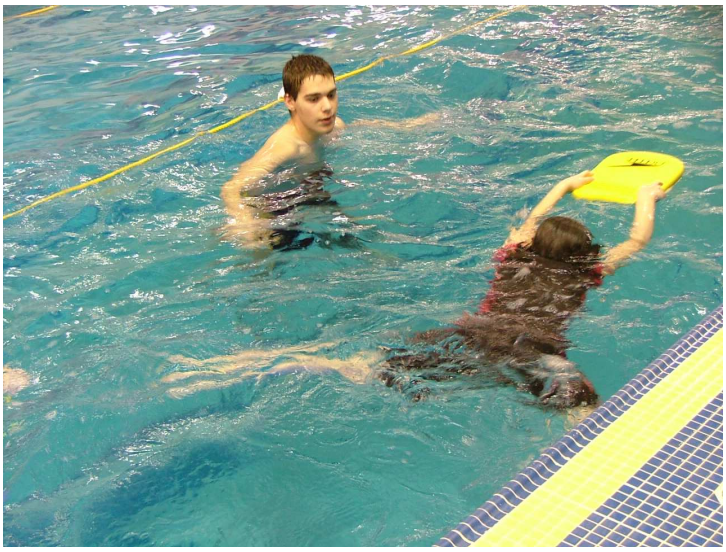
Covington parksandrecreation

American Red Cross

Aquatic Volunteer Academy

At Covington Aquatic Center

2013



Make friends, build work experience, gain free access to the pool, and learn the basics of volunteering at the Covington Aquatic Center. After completing the Aquatic Volunteer Academy, you can become a Jr. Lifeguard and Swim Instructor Aide. This is a volunteer program that can earn you community service hours on any day of the week. This is a great way to get involved!

What An Experience!

Upon successful completion of the Aquatic Volunteer Academy, each participant will be eligible to begin volunteering at Covington Aquatic Center as a junior lifeguard and swim instructor aide. The experience you gain volunteering as a junior lifeguard and instructor aide is extremely valuable and will put you ahead of others when it comes time to apply for a job as a lifeguard or swim instructor. Furthermore, if you log 150 volunteer hours, you may enroll in a Lifeguard Training course at no cost (a value of $240).

A Typical Day

A typical day of Aquatic Volunteer Academy includes training for junior guarding, sessions on instructor aiding, skill practice, observations of swimming lessons, and probably a game or two for fun!

Limited Space—Register Today!

Registration available

- online at www.covingtonwa.gov/cac
- via phone, 253-480-2480
- in person at the Covington Aquatic Center (18230 SE 240th St)

Class #, Days & Times

#1404.2001 Monday 2/18-Thursday 2/21
Monday-Thursday, 3:30-6:30pm

#1404.3001 Monday 7/22-Wednesday 7/31
Mondays & Wednesdays, 2-5pm

Cost

General Fee:	$40.00
Covington Discounted Fee:	$30.00

Materials

All course materials are included in the cost of this course.

Prerequisites

Must be 11-15 years of age, and be able to swim front crawl 25 yards, tread water for 1 minute, and swim underwater for 10 feet.