

spring 2015

recreation

guide



city of
covington
growing toward greatness

www.covingtonwa.gov/parks
(253)480-2480

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A word from the Mayor



As winter comes to a close, we are looking forward to a great line-up of spring and summer recreation activities in Covington!

If you are looking for new adventures, the Parks and Recreation department has brand new classes including a new Bootcamp class and acting courses. The Bootcamp class will get you moving and will urge participants to push their bodies to peak performance. And, anyone between the ages of 4-18 who aspire to make it into the limelight, they can take advantage of new acting courses.

On top of the excellent existing programs, the Covington Aquatic Center has added two new exciting water aerobics classes: Water X Bootcamp and Water X Stretch. But, you can always drop in during public swims to enjoy the refreshing pool. You also won't want to miss spring special recreation events including the all new Daddy-Daughter Spring Fling, the Underwater Egg Hunt and April Pool's Day.

This summer the athletics division is excited to debut our new program: NFL Play 60 sponsored Youth Co-Ed Flag Football League.

As you can see, there really are classes and activities for anyone looking to get active, no matter your skill level or age. It's very easy to sign-up for any recreation, aquatic or athletic event offered – registration is only a click or a phone call away!

Registration Information



Phone

Phone payments must be made with a debit or credit card only.

253-480-2480

Monday - Friday
8:30am-8:30pm

Saturday: 8:30am-2:30pm

Sunday: 9:30am-1:30pm



In Person

Parks & Recreation Offices located at the Covington Aquatic Center
18230 SE 240th Street
Covington, WA 98042

Monday - Friday
8:30am-8:30pm

Saturday: 8:30am-2:30pm

Sunday: 9:30am-1:30pm



Online

www.covingtonwa.gov/parks

24 hours a day; 7 days a week

Online payments must be made with a debit or credit card only.

*Please note: there is a nonrefundable third party processing fee attached to all online registrations.



Athletics

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T-Ball, Coach Pitch, Baseball, & Softball

Spots are still available in our league! Sign up today!

We offer teams for ages 3-14. Games are on Saturdays starting on May 9, 2015.

Season ends on June 20, 2015.

Hurry and get registered today! Teams are filling up fast.

\$55 for 3-10 year olds; \$63 for 11+

Flag Football

Powered by USA Football & NFLPlay60



Covington Parks and Recreation is proud to offer a brand new co-ed flag football league this summer!

This league is powered by USA football and NFLPlay60. Our league

is geared toward providing an opportunity for your child to sharpen skills and broaden his or her knowledge of football with an emphasis on fun, participation and sportmanship.

Players will receive an NFL team jersey, a football, and flags! Games will be played at Covington Community Park across from Tahoma High School.

Teams will practice one day a week, and have one game a week.



| Grade | Fee | Activity # |
|-----------|------|------------|
| 1st & 2nd | \$70 | 2199 |
| 3rd & 4th | \$70 | 2299 |
| 5th & 6th | \$70 | 2298 |
| 7th & 8th | \$70 | 2297 |

Games start on July 11, 2015 and ends on August 29, 2015 on Thursday and Friday evenings.



Weather Information Hotline
(253)-480-2490

The City of Covington is always looking to hire referees and volunteer coaches. If you are interested, please call or e-mail:

Sean Conway, Athletics Specialist
253-480-2489
sconway@covingtonwa.gov





KIDZ LOVE SOCCER

All levels are welcome to come and enjoy learning the world's most popular sport! Kidz Love Soccer provides children with the positive framework whereby all players are nurtured, built up, and developed as young athletes. A typical class session includes age-appropriate soccer activities: warm up, skill introduction, fun games and instructional scrimmages always conducted in a non-competitive, recreational format led by the professional staff. Shin guards are required after the first class (except Mommy/Daddy & Me). Rainout Hotline – 888-372-5803 Receive cancellation notifications on your smartphone with the Kidz Love Soccer app.

All classes held at Covington Community Park.

Mommy/Daddy & Me Soccer Tot and Pre-Soccer

Introduce yourself and your toddler to the world's most popular sport! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socializing skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action! Each child receives a Kidz Love Soccer jersey!

Little tykes will enjoy running and kicking just like the big kids! Children will learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

| Ages | Date | Time | Fee | Activity # |
|-------|---------|---------------|---------|------------|
| 2-3.5 | 5/6-6/3 | 6:15pm-6:45pm | \$64.00 | 22257 |

| Ages | Date | Time | Fee | Activity # |
|-------|---------|---------------|---------|------------|
| 3.5-5 | 5/6-6/3 | 5:30pm-6:05pm | \$64.00 | 22255 |

Soccer 1: Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session. Small-sided soccer matches will be introduced gradually. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Soccer 2: Skillz & Scrimmages

Kidz will enjoy advanced skill building: dribbling, passing, receiving, shooting, etc. in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All skill levels are welcome to come enjoy the world's most popular sport! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

| Ages | Date | Time | Fee | Activity # |
|------|---------|---------------|---------|------------|
| 5-6 | 5/6-6/3 | 4:45pm-5:30pm | \$64.00 | 22254 |

| Ages | Date | Time | Fee | Activity # |
|------|---------|------------|---------|------------|
| 7-10 | 5/6-6/3 | 4pm-4:45pm | \$64.00 | 22256 |

Martial Arts

Learning, sweating and smiling. Our structured curriculum allows us to focus each week on various drills and activities to promote agility, strength, speed, attention and self-discipline.

Prices are for each month: April, May, and June

| Ages | Day | Time | Ages | Day | Time |
|------------|----------------------|------------|--|----------|-----------|
| 4+ | Monday* | 5pm-6pm | 4-9 | Saturday | 11am-12pm |
| 4-9 | Tuesday/ Thursday | 4:15pm-5pm | 10+ | Saturday | 12pm-1pm |
| 10+ | Tuesday/ Thursday | 5pm-6pm | | | |
| *Beginners | | | Monthly Fees: One class per week: \$60.00 Two classes per week: \$80.00 | | |



22415 SE 231st St.
Maple Valley, WA 98038
Classes held at
Great Northwest Martial Arts Academy



Encore Dance

Encore Dance Academy offers classes in Creative Movement, Ballet, Tap, and Jazz for ages 2-9. Our instructors are caring, talented, compassionate and fun! Each participant will have the opportunity to participate in our spring recital on Friday June 5th at 6pm at Kentlake High School Performing Arts Center

Classes are held in the Community Room at Covington City Hall, 16720 SE 271st St, Covington, WA 98042.

With our convenient location, you can get some shopping done at nearby stores while your little ones attend dance class!

Creative Movement/Pre-Ballet and Tap- A fun introductory class for 2-4 year olds with a focus on the fundamentals of creative movement, concepts of music and rhythm, beginning ballet terminology and form, and basic tap steps.

Ballet and Tap Combo - In this class designed for 5-6 year-olds, students will enjoy learning about ballet technique, form, positions and terminology while developing grace and poise. They will also master exciting tap basics and rhythm sequences.

Ballet/Tap/Jazz Combo - In this class for 7-9 year-olds, dancers will progress to an intermediate level as they continue to develop technique, execute leaps, jumps, and turns as well as gain more advanced tap skills, rhythm and style.

| Ages | Activity | Day | Date | Time | Fee | Activity # |
|------|--------------------------------------|-------|----------|-----------------|---------|------------|
| 2-4 | Creative Movement/Pre-Ballet and Tap | Wed | 4/22-6/3 | 10:30am-11:15am | \$70.00 | 22286 |
| 5-6 | Ballet and Tap Combo | Thurs | 4/23-6/4 | 4:15pm-5pm | \$70.00 | 22288 |
| 7-9 | Ballet/Tap/Jazz Combo | Thurs | 4/23-6/4 | 5pm-5:50pm | \$70.00 | 22285 |

Steve Goucher's Baseball Camp



This youth baseball camp for youth ages 8-13 is well suited for all players, from the aspiring to the elite. Hitting, throwing, games, scrimmages, and much more. Don't miss out on the fun! Steve Goucher is a former professional baseball player and an Atlanta Braves scout. He has taught and coached baseball for over 17 years and is highly recommended by both parents and participants. Practices held at Mattson Middle School's Baseball Field.

| Ages | Day | Date | Time | Fee | Activity # |
|------|----------|-----------|----------|----------|------------|
| 8-13 | Mon-Thur | 6/22-6/25 | 9am-12pm | \$139.00 | 22284 |

Acting 4 Kidz

Acting 4 Kidz utilizes fundamental acting skills to help students develop confidence, imagination, effective communication skills, social skills, listening skills, and the ability to follow directions. Instructors Joe and Anya have decades of experience working as professional actors and teachers in Hollywood and Seattle. They've also earned MFA in Acting Degrees from the prestigious University of Washington.

This class is held in the Community Room at City Hall.

| Ages | Day | Date | Time | Fee | Activity # |
|-------|----------|-----------|--------------|---------|------------|
| 4-6 | Saturday | 4/4-5/9 | 10am-10:50am | \$95.00 | 22301 |
| 7-10 | Saturday | 4/4-5/9 | 11am-11:50am | \$95.00 | 22302 |
| 11-13 | Saturday | 4/4-5/9 | 12pm-12:50pm | \$95.00 | 22303 |
| 14-18 | Saturday | 4/4-5/9 | 1pm-1:50pm | \$95.00 | 22304 |
| 4-6 | Saturday | 5/23-6/27 | 10am-10:50am | \$95.00 | 22305 |
| 7-10 | Saturday | 5/23-6/27 | 11am-11:50am | \$95.00 | 22306 |
| 11-13 | Saturday | 5/23-6/27 | 12pm-12:50pm | \$95.00 | 22307 |
| 14-18 | Saturday | 5/23-6/27 | 1pm-1:50pm | \$95.00 | 22308 |

Register online at www.CovingtonWA.gov/Parks or call (253)480-2480

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Youth Recreation



Gymnastics

*All gymnastics classes will take place at Hart's Gymnastics at 26415 79th Ave SE Kent, WA 98032



Movement

Our parent and tot class is the ideal place to have organized safe fun exploring movement with your child in a gymnastics environment.

Ages: 16 mo - 3 years
Fee: \$50 per session

| Day | Date | Time | Activity # |
|-----|----------|------------|------------|
| Sat | 4/4-4/25 | 9am-9:45am | 22204 |
| Sat | 5/2-5/30 | 9am-9:45am | 22205 |
| Sat | 6/6-6/27 | 9am-9:45am | 22206 |

Boys

Boys will learn beginning level skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

Ages: 6 - 12 years
Fee: \$58 per session

| Day | Date | Time | Activity # |
|-----|----------|------------|------------|
| Thu | 4/2-4/23 | 5pm-5:55pm | 22240 |
| Thu | 5/7-5/28 | 5pm-5:55pm | 22241 |
| Thu | 6/2-6/23 | 5pm-5:55pm | 22242 |

Girls

At Hart's Gymnastic Center, we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest!

Ages: 6 - 12 years
Fee: \$58 per session

| Day | Date | Time | Activity # |
|-----|-----------|--------------|------------|
| Mon | 3/30-4/27 | 5pm-5:55pm | 22222 |
| Mon | 3/30-4/27 | 6pm-6:55pm | 22223 |
| Wed | 4/1-4/29 | 5pm-5:55pm | 22224 |
| Wed | 4/1-4/29 | 6pm-6:55pm | 22225 |
| Sat | 4/4-4/25 | 10am-10:55am | 22226 |
| Sat | 4/4-4/25 | 11am-11:55am | 22227 |
| Mon | 5/4-6/1 | 5pm-5:55pm | 22228 |
| Mon | 5/4-6/1 | 6pm-6:55pm | 22229 |
| Wed | 5/6-5/27 | 5pm-5:55pm | 22230 |
| Wed | 5/6-5/27 | 6pm-6:55pm | 22231 |
| Sat | 5/2-5/30 | 10am-10:55am | 22232 |
| Sat | 5/2-5/30 | 11am-11:55am | 22233 |
| Mon | 6/8-6/29 | 5pm-5:55pm | 22234 |
| Mon | 6/8-6/29 | 6pm-6:55pm | 22235 |
| Wed | 6/3-6/24 | 5pm-5:55pm | 22236 |
| Wed | 6/3-6/24 | 6pm-6:55pm | 22237 |
| Sat | 6/6-6/27 | 10am-10:55am | 22238 |
| Sat | 6/6-6/27 | 11am-11:55am | 22239 |

Preschool

In the preschool class, your child will be introduced to basic movement and gymnastics.

Ages: 3 - 5 years
Fee: \$50 per session

| Day | Date | Time | Activity # |
|-----|-----------|--------------|------------|
| Mon | 3/30-4/27 | 5pm-5:45pm | 22207 |
| Wed | 4/1-4/29 | 3pm-3:45pm | 22208 |
| Wed | 4/1-4/29 | 5pm-5:45pm | 22209 |
| Sat | 4/4-4/25 | 10am-10:45am | 22210 |
| Sat | 4/4-4/25 | 11am-11:45am | 22211 |
| Mon | 5/4-6/1 | 5pm-5:45pm | 22212 |
| Wed | 5/6-5/27 | 3pm-3:45pm | 22213 |
| Wed | 5/6-5/27 | 5pm-5:45pm | 22214 |
| Sat | 5/2-5/30 | 10am-10:45am | 22215 |
| Sat | 5/2-5/30 | 11am-11:45am | 22216 |
| Mon | 6/8-6/29 | 5pm-5:45pm | 22217 |
| Wed | 6/3-6/24 | 3pm-3:45pm | 22218 |
| Sat | 6/6-6/27 | 10am-10:45am | 22220 |
| Sat | 6/6-6/27 | 11am-11:45am | 22221 |

Hart's Gymnastics Spring Break Camp

Our three day Gymnastic Camp will be offering crafts, T-shirt, and a gymnastics medal. We will also be working on all events, tramp, and playing in our Wacky World inflatable. All a part of a fun three days at Hart's gymnastics. Hart's will provide a simple snack and campers should bring a sack lunch.

| Ages | Day | Date | Time | Fee | Activity # |
|------|-----|---------|---------|---|------------|
| 6-12 | M-W | 4/6-4/8 | 8am-3pm | \$100 for one child \$175 for two siblings \$225 for three siblings | 22300 |



Register online at www.CovingtonWA.gov/Parks or call (253)480-2480



Youth Recreation

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Super Sitters

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate! This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, safety and first aid. Bring a sack lunch and snack to class. Register early as this class fills quickly! Boys can be babysitters too! Held in Covington City Hall's Community Room.

| Ages | Day | Date | Time | Fee | Activity # |
|-------|-----|--------|---------|---------|------------|
| 11-16 | Sat | 5/2/15 | 9am-2pm | \$65.00 | 22201 |



Safe at Home

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, and door safety. Held at Covington City Hall's Community Room.

| Ages | Day | Date | Time | Fee | Activity # |
|------|-----|--------|---------|---------|------------|
| 8-11 | Sat | 5/2/15 | 2pm-4pm | \$30.00 | 22202 |

BRICKS 4 KIDZ



Cranium Contraptions

Build and explore crazy good contraptions that really work your brain! You will use LEGO Bricks, axles, pulleys, gears, and motors to create fun and interactive models. Have a game with friends in an exciting Battle Tops and Foosball playoffs. Put your hand-eye coordination to the test with the Ping-Pong Popper model. Experiment with the Mini Fig mover to see how this model will send your mini figure from point A to point B. All this and more are waiting to be discovered as you learn and play with Cranium Contraptions! Classes are held at Covington Elementary Room 12.

| Ages | Day | Date | Time | Fee | Activity # |
|------|-----|-----------|---------|---------|------------|
| 5-12 | Thu | 4/16-4/30 | 4pm-5pm | \$45.00 | 22251 |
| 5-12 | Thu | 5/7-5/21 | 4pm-5pm | \$45.00 | 22252 |
| 5-12 | Thu | 5/28-6/11 | 4pm-5pm | \$45.00 | 22253 |

Mining & Crafting II Camp

Steve is jumping for joy as he introduces the newest members of his Minecraft world. Whether you have attended our first session or not, reward yourself with the creativity and excitement this new camp has to offer. You will be challenged to bring your virtual designs to life by building new mob figures, mosaics and custom models, incorporating LEGO Bricks. So, are you ready for the challenge? Get a free mini figure and a certificate at the end of the camp!

| Ages | Day | Date | Time | Fee | Activity # |
|------|------|---------|----------|--|------------|
| 5-12 | M-Th | 4/6-4/9 | 9am-12pm | \$200.00. Early reg \$170.00 Drop In: \$50/day | 22258 |

Mining & Crafting Camp II will take place at Covington City Hall's Community Room.

Go, Grow, and Glow Nutrition Education Camp

A STEM inspired, hands-on, garden-based nutrition education camp. This camp is bursting with hands-on science, cooking, gardening, and FUN! Come build, learn, create, explore and let your brains soar! Tons of cool science experiments and culinary delights will keep you engaged as you explore the 4,000 sq. ft. garden and discover how nutrients make us Go, Grow, and Glow!

This will take place at
Growing Green Kids
20258 142nd Ave SE
Kent, WA



Green Thumb Gardeners and Budding Chefs

Five weeks of hands-on gardening and cooking activities! Travel a plant's life from seed to seed, plant and grow your own salad garden and taste your way through the five food groups with delicious and nutritious dishes each week. You'll also discover how nutrients help us to Go, Grow, and Glow!

| Ages | Day | Date | Time | Fee | Activity # |
|------|-----|----------|---------------|----------|------------|
| 6-12 | M-F | 4/6-4/10 | 1:30pm-4:30pm | \$225.00 | 22349 |

| Ages | Day | Date | Time | Fee | Activity # |
|------|-----|---------|------------|----------|------------|
| 6-12 | M-F | 5/6-6/3 | 4pm-5:30pm | \$105.00 | 22299 |

Adult Recreation

Bootcamp - Outdoor Group Fitness

| Ages | Day | Date | Time | Fee |
|------|----------|----------|----------------|---------------|
| 14+ | Sat | 4/1-4/29 | 8:15am-9:00am | \$40.00+ tax |
| 14+ | M/W/F | 4/1-4/29 | 9:15am-10:00am | \$108.00+ tax |
| 14+ | T/Th/Sat | 4/1-4/29 | 5:30am-6:15am* | \$108.00+ tax |
| 14+ | Sat | 5/1-5/29 | 8:15am-9:00am | \$40.00+ tax |
| 14+ | M/W/F | 5/1-5/29 | 9:15am-10:00am | \$108.00+ tax |
| 14+ | T/Th/Sat | 5/1-5/29 | 5:30am-6:15am* | \$108.00+ tax |
| 14+ | Sat | 6/1-6/29 | 8:15am-9:00am | \$40.00+ tax |
| 14+ | M/W/F | 6/1-6/29 | 9:15am-10:00am | \$108.00+ tax |
| 14+ | T/Th/Sat | 6/1-6/30 | 5:30am-6:15am* | \$108.00+ tax |

* Sat class is from 8:15am-9:00am

Join our high intensity interval training (HIIT) program and learn to love working out again. Incorporating strength, balance, agility, core stability, cardio, and flexibility your experience will include constant motivation, positive reinforcement, and a fun, safe environment. Class meets at Covington City Hall's Community Room. Perfect for all different fitness levels, ages and sizes.

Register at www.fitnessbootcamp.com
or e-mail Melissa at
info@fitnessbootcampnow.com
for more information.

ZUMBA Come join the "fitness party" and dance your way to fitness using fun, high-energy Latin and international rhythms. It's easy to do, effective, and exhilarating. Wear your workout clothes; comfortable, low-traction shoes and bring a bottle of water. No dance experience is necessary. Ladies only, age 14+. Register ahead of time or buy a punch card (5 visits for \$30.00).

For more information contact Angela at
a.caron.fitness@gmail.com

| Ages | Day | Date | Time | Fee | Activity # |
|------|-------|-----------|---------------|---------|------------|
| 14+ | Tu/Th | 4/2-4/30* | 5:55pm-6:55pm | \$27.00 | 22261 |
| 14+ | Tu/Th | 5/5-5/28 | 5:55pm-6:55pm | \$36.00 | 22263 |
| 14+ | Tu/Th | 6/2-6/11 | 5:55pm-6:55pm | \$18.00 | 22265 |

*No class on 4/7, 4/9, or 4/16



Register online at www.CovingtonWA.gov/Parks or call (253)480-2480



Aquatics

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Spring 2015 Swim Lessons Guide

February 23, 2015-June 21, 2015

Listed below are dates, and pricing for the Covington Aquatic Center's swim lesson sessions offered for Spring 2015. Pricing is based upon the number of classes in a session. Classes are 30 minutes in length (except for Competitive Swimming Lessons, Adult Swim Training, and Advanced Swim Training, which are all 1-hour in length).

For individual class availability and registration, please visit us online at www.covingtonwa.gov/cac, or contact us over the phone at (253) 480-2480, or in-person at 18230 SE 240th St. Covington, WA 98042

| Days | Dates | Grade Day | # of Classes | Pricing |
|---------------|-----------|-----------|--------------|------------------------------------|
| Mon. & Wed. | 2/23-3/18 | 3/16 | 8 | Parent & Child \$47.25/\$38.50 CDF |
| Tue. & Thurs. | 2/24-3/19 | 3/17 | 8 | Preschool/LTS \$66.50/\$54.25 CDF |
| Fri. | 2/27-4/17 | 4/10 | 8 | Competitive \$105.00/\$87.50 CDF |
| Sat. | 2/28-4/18 | 4/11 | 8 | Parent & Child \$54.00/\$44.00 CDF |
| Sun. | 3/1-4/19 | 4/12 | 7* | Preschool/LTS \$76.00/\$62.00 CDF |
| Mon. & Wed. | 3/23-4/15 | 4/13 | 8 | Competitive \$120.00/\$100.00 CDF |
| Tue. & Thurs. | 3/24-4/16 | 4/14 | 8 | Parent & Child \$60.75/\$49.50 CDF |
| Mon. & Wed. | 4/20-5/13 | 5/11 | 8 | Preschool/LTS \$85.50/\$69.75 CDF |
| Tue. & Thurs. | 4/21-5/14 | 5/12 | 8 | Competitive \$135.00/\$112.50 CDF |
| Fri. | 4/24-6/19 | 6/12 | 9 | Parent & Child \$67.50/\$55.00 CDF |
| Sat. | 4/25-6/20 | 6/13 | 9 | Preschool/LTS \$95.00/\$77.50 CDF |
| Sun. | 4/26-6/21 | 6/14 | 9 | Competitive \$150.00/\$125.00 CDF |
| Mon. & Wed. | 5/18-6/17 | 6/15 | 9* | |
| Tue. & Thurs. | 5/19-6/18 | 6/16 | 10 | |

*No classes shall be conducted on Easter Sunday or Memorial Day



WaterX Classes

WaterX classes are available on a drop-in basis at the Covington Aquatic Center, with a couple of payment options to help save money for regular participants.

WaterX Bootcamp classes are for individuals who would like a low impact, but intense cardio, and muscle building workout.

WaterX Stretch focuses on strengthening joints, core and stretching all the small and major muscle groups of our body. It does this by incorporating proper breathing, balance and warm-up of the muscles. This class takes place in the shallow water with the option to use the shallow portion of the deep end of the pool.

WaterX Deep Aerobics classes give one of the greatest aerobic and toning workouts available with absolutely no impact to the body's joints. Workouts during this one-hour drop-in class include the use of Hydro-Fit™ equipment provided by the pool. No swimming is required.

WaterX Shallow Aerobics is a low impact class which provides a great aerobic and cardiovascular workout with muscle toning. It is fun and adaptable to any fitness level, from those recovering from surgery or struggling with weight loss to professional athletes, getting into the pool is cool! Workouts during this one-hour drop-in class include the use of Hydro-Fit™ equipment provided by the pool. No swimming is required.

WaterX Pricing

Drop-In Rates

Youth/Adult: \$8.25 (CDF \$6.75)

Senior/Disabled: \$6.50 (CDF \$5.25)

10-Visit Discount Cards

Youth/Adult: \$74.25 (CDF \$60.75)

Senior/Disabled: \$58.50 (CDF \$47.25)

WaterX Memberships

3-Month Youth/Adult: \$170.00 (CDF 140.00)

3-Month Senior/Disabled: \$130.00 (CDF \$105.00)

12-Month Youth/Adult: \$340.00 (CDF \$280.00)*

12-Month Senior/Disabled: \$260.00 (CDF \$210.00)*

*Monthly payment plan available for 12-Month Memberships

Recreational Swims

Lap Swims, Family Swims, and Public Swims are available on a drop-in basis as listed on the schedule at on the opposite page and the website at www.covingtonwa.gov/cac. Ask a cashier about our Aqua Memberships and save money!

| Program | General Fee | CDF* |
|--|-------------|---------|
| Lap Swims (Per Swim) | | |
| Youth/Adult | \$6.50 | \$5.25 |
| 10-Visit Card | \$58.50 | \$47.25 |
| Senior/Disabled | \$4.50 | \$3.75 |
| 10-Visit Card | \$40.50 | \$33.75 |
| Public & Family Swims (Per Hour) | | |
| Individual | \$4.50 | \$3.75 |
| 10-Visit Card | \$40.50 | \$33.75 |
| Family (Household) | \$13.50 | \$11.25 |
| Friday Night Promotional Public Swims | | |
| Individual 1 Hour | \$3.50 | \$2.75 |
| Individual 2 Hours | \$5.00 | \$4.00 |

Private Parties

You can rent the pool! - The Covington Aquatic Center is available for private parties on weekends. More information available on our website at www.covingtonwa.gov/cac.

*CDF = Covington Resident Discounted Fee





Aquatics

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Spring 2015 Schedule February 23, 2015 - June 21, 2015

Sunday

9:30am-10:30am WaterX Deep Aerobics
 9:30am-12:00pm Swimming Lessons
 11:30am-1:00pm Lap Swim
 12:00pm-1:00pm Family Swim
 1:00pm-2:00pm Public Swim
 2:00pm-5:00pm Private Parties

Monday/Wednesday

5:30am-7:00am Lap Swim
 7:30am-8:30am WaterX Bootcamp
 8:30am-9:30am WaterX Shallow Aerobics
 9:30am-10:30am WaterX Deep Aerobics
 9:30am-11:30am Swimming Lessons
 11:30am-1:00pm Lap Swim & Family Swim
 4:00pm-7:00pm Swimming Lessons
 7:00pm-8:00pm Half-Public Swim
 8:00pm-9:00pm Lap & Family Swim

Tuesday/Thursday

8:30am-9:30am WaterX Shallow Aerobics
 9:30am-10:30am WaterX Deep Aerobics
 9:30am-11:30am Swimming Lessons
 10:30am-11:30am WaterX Stretch
 11:30am-1:00pm Lap Swim & Family Swim
 4:00pm-7:00pm Swimming Lessons
 7:00pm-8:00pm Public Swim
 8:00pm-9:00pm WaterX Deep Aerobics & Lap & Family Swim

Friday

5:30am-7:00am Lap Swim
 8:30am-9:30am WaterX Shallow Aerobics
 9:30am-10:30am WaterX Deep Aerobics
 9:30am-11:30am Swimming Lessons
 11:30am-1:00pm Lap Swim & Family Swim
 4:00pm-7:00pm Swimming Lessons
 7:00pm-8:00pm Half-Public Swim & Lap Swim
 8:00pm-9:00pm Public Swim (Promotional)
 9:00pm-10:00pm Public Swim (Promotional)

Saturday

8:30am-9:30am Special Athletes Swim
 8:30am-12:00pm Swimming Lessons
 9:30am-10:30am WaterX Deep Aerobics
 11:30am-1:00pm Lap Swim
 12:00pm-1:00pm Family Swim
 1:00pm-2:00pm Public Swim
 2:00pm-3:00pm Public Swim
 3:00pm-8:00pm Private Parties

No School?
 No problem!
 We've added more public swims for you
 and your family to enjoy!

No School, March 13, 2015
 1:00PM-2:00PM; 2:00pm-3:00PM

Spring Break, April 6-April 10, 2015
 1:00PM-2:00PM

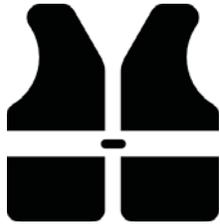
Memorial Day, May 25, 2015
 1:00PM-2:00PM; 2:00PM-3:00PM

Summer Begins!, June 19, 2015
 1:00PM-2:00PM; 2:00PM-3:00PM

Don't miss these great special events!



Underwater Egghunt
Covington Aquatic Center
Sunday April 5, 2015
1:30PM-2:30PM and 3:30PM-4:30PM



April Pools Day
Covington Aquatic Center
Saturday April 18, 2015
1:00PM-3:00PM
Free to Public!



Daddy Daughter Spring Fling
Cedar Heights Middle School
Saturday April 18, 2015
6:00PM-8:30PM
\$25 per couple; \$10 per additional daughter



Weather Information Hotline
(253) 480-2490



Registration Number
(253) 480-2480



Register In Person
18230 SE 240th Street
Covington, WA 98042



Register online at www.CovingtonWA.gov/Parks or call (253)480-2480