



Covington **Recreation Guide**

Winter 2014

Youth learn to become better babysitters and how to be safe at home

Enjoy a wintertime walk down one of Covington's great trails

Moms can exercise with the help of their little ones at Stroller Strides



Register online at www.CovingtonWA.gov or call the Covington Aquatic Center at (253) 480-2480.

Details inside 

Educational Classes

SUPER SITTERS - Community Room in City Hall

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class. Additional Babysitter's Kits are available from the instructor for \$20.

1200 | Saturday | Feb 15 | 9:00 am-3:00 pm | Ages 11-16 | \$60.00/class

SAFE @ HOME - Community Room in City Hall

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

1228 | Saturday | Feb 15 | 3:00-5:00pm | Ages 8-11 | \$30.00/class



BOATING SAFETY - POVERTY BAY POWER SQUADRON - Community Room in City Hall

This course is offered by the Poverty Bay Sail and Power Squadron. This basic boating course will satisfy the boater education requirement for the State of Washington and most other states. In 2013 all boaters 50 years and younger will have to have a Boater's card in their possession to operate any vessel 15 horsepower and over in Washington. By 2015, anyone born after 1955 will need a card. Bring a sack lunch. Textbook and CD included, please pick up prior to class date at the Covington Aquatic Center.

1500 | Saturday | April 26 | 8:00am-4:30pm | Ages 10-Adult | \$35.00 or \$10.00 for each addl. family member

Fitness Classes

STROLLER STRIDES - Community Room in City Hall

Register at sekingcounty.fit4mom.com

This class will be held indoors at City Hall in the Community Room. Stroller Strides® is a stroller-based fitness program designed for moms with little ones. Each 60-minute, total body workout incorporates power walking, strength, toning, songs and activities. Certified fitness instructors offer a variety of fun class formats both indoors and outdoors. All locations also offer a free Plum Moms Club so moms can form lasting friendships with other moms through organized playdates, moms' nights out, and activities for the whole family.



Tue/Thu | Jan 7-March 27 | 9:30-10:30am | Ages 18+ | \$55.00/month or purchase a 10 Visit Pass for \$110.00

Youth Sports

KIDZ LOVE SOCCER - Covington Community Park

For more than 30 years, Kidz Love Soccer has been providing communities in California, Oregon, and Washington with fun, organized soccer classes and camps for children ages 2 - 12 years. We create a lively, positive and safe environment for kids to learn how to play soccer and develop a lifelong love for soccer and sports. Just ask one of our 600,000 graduates!

Kidz Love Soccer has a team of trained instructors that love teaching and bring a lot of energy and enthusiasm to the soccer field. Using our field-tested and age-appropriate proprietary curriculum, our youth classes teach kids all the fundamentals of soccer in a high-energy, non-competitive program designed to encourage good sportsmanship and a love for sports

MOMMY/DADDY & ME SOCCER (Ages 2-3½ years) - Covington Community Park

Introduce yourself and your toddler to the world's most popular sport! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action!

1101 | Thursdays | March 6-April 3 | 5:30-6:00pm | Ages 2-3½ | \$53.00

TOT/PRE-SOCCER (Ages 3½-5 years) - Covington Community Park

Little tykes will enjoy running and kicking just like the big kids! Children will learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required after the first meeting.

1100 | Thursdays | March 6-April 3 | 4:30-5:20pm | Ages 3½-5 | \$53.00

SOCCER 1 (Ages 5-6 years) - Covington Community Park

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

1207 | Thursdays | March 6-April 3 | 3:45-4:30 pm | Ages 5-6 | \$53.00

SOCCER 2 – SKILLZ & SCRIMMAGES (Ages 7-10 years) - Covington Community Park

Kidz will enjoy advanced skill building: dribbling, passing, receiving, shooting, etc. in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All skill levels are welcome to come enjoy the world's most popular sport! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

1206 | Thursdays | March 6-April 3 | 3:00-3:45pm | Ages 7-10 | \$63.00

Gymnastics Classes

HART'S GYMNASTICS

Hart's is committed to the growing of young people through the artform and experience of gymnastics. Hart's Gymnastic Center creates an environment where the love of gymnastics is combined with both quality coaching and safety to help each individual gymnast maximize his or her potential. Gymnastics has something to offer everyone – whether in a recreational or competitive setting. Hart's gymnastic program is family-friendly while offering the highest quality of coaches and staff. Classes to be held at Hart's Gymnastic Center, 26415 79th Ave S. Kent, WA 98032.

GYMNASTICS-GIRLS (Ages 6 – 12 years) - Hart's Gymnastic Center

We combine the fun with fitness while offering you the best gymnastic instruction in the Northwest!

- 1208 | Mondays | Jan 6- Jan 27 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1209 | Mondays | Jan 6- Jan 27 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1210 | Wednesdays | Jan 8- Jan 29 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1211 | Wednesdays | Jan 8- Jan 29 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1212 | Saturdays | Jan 4- Jan 25 | 10:00-10:55 am | Ages 6-12 | \$58.00
- 1213 | Saturdays | Jan 4- Jan 25 | 11:00-11:55 am | Ages 6-12 | \$58.00
- 1214 | Mondays | Feb 3- Feb 24 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1215 | Mondays | Feb 3- Feb 24 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1216 | Wednesdays | Feb 5- Feb 26 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1217 | Wednesdays | Feb 5- Feb 26 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1218 | Saturdays | Feb 1-Feb 22 | 10:00-10:55 am | Ages 6-12 | \$58.00
- 1219 | Saturdays | Feb 1-Feb 22 | 11:00-11:55 am | Ages 6-12 | \$58.00
- 1220 | Mondays | March 3- March 24 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1221 | Mondays | March 3- March 24 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1222 | Wednesdays | March 5-March 26 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1223 | Wednesdays | March 5-March 26 | 6:00-6:55 pm | Ages 6-12 | \$58.00
- 1224 | Saturdays | March 1-March 22 | 10:00-10:55 am | Ages 6-12 | \$58.00
- 1225 | Saturdays | March 1-March 22 | 11:00-11:55 am | Ages 6-12 | \$58.00

GYMNASTICS-BOYS (Ages 6 – 12 years) - Hart's Gymnastic Center

Boys will learn beginning level skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

- 1226 | Wednesdays | Jan 8-Jan 29 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1227 | Wednesdays | Feb 5- Feb 26 | 5:00-5:55 pm | Ages 6-12 | \$58.00
- 1228 | Wednesdays | Mar 5-Mar 26 | 5:00-5:55 pm | Ages 6-12 | \$58.00

GYMNASTICS-MOVEMENT (Ages 16 mos. - 3 years) - Hart's Gymnastic Center

Our Parent & Tot class is the ideal place to have organized safe fun exploring movement with your child in a gymnastic environment.

- 1102 | Saturdays | Jan 4-Jan 26 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00
- 1103 | Saturdays | Feb 1- Feb 22 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00
- 1104 | Saturdays | Mar 1-Mar 22 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00

Gymnastics Classes

GYMNASTICS - PRESCHOOL (Ages 3 - 5 years) - Hart's Gymnastic Center

In the Preschool classes your child will be introduced to basic movement and gymnastics.

- 1105 | Mondays | Jan 6-Jan 27 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1106 | Wednesdays | Jan 8-Jan 29 | 3:00-3:45 pm | Ages 3-5 | \$50.00
- 1107 | Wednesdays | Jan 8-Jan 29 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1108 | Saturdays | Jan 4-Jan 25 | 10:00-10:45 am | Ages 3-5 | \$50.00
- 1109 | Saturdays | Jan 4-Jan 25 | 11:00-11:45 am | Ages 3-5 | \$50.00
- 1110 | Mondays | Feb 3- Feb 24 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1111 | Wednesdays | Feb 5- Feb 26 | 3:00-3:45 pm | Ages 3-5 | \$50.00
- 1112 | Wednesdays | Feb 5- Feb 26 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1113 | Saturdays | Feb 1-Feb 22 | 10:00-10:45 am | Ages 3-5 | \$50.00
- 1114 | Saturdays | Feb 1-Feb 22 | 11:00-11:45 am | Ages 3-5 | \$50.00
- 1115 | Mondays | March 3-March 24 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1116 | Wednesdays | March 5- March 26 | 3:00-3:45 pm | Ages 3-5 | \$50.00
- 1117 | Wednesdays | March 5- March 26 | 5:00-5:45 pm | Ages 3-5 | \$50.00
- 1118 | Saturdays | March 1-March 22 | 10:00-10:45 am | Ages 3-5 | \$50.00
- 1119 | Saturdays | March 1-March 22 | 11:00-11:45 am | Ages 3-5 | \$50.00

GYMNASTICS SPRING BREAK CAMP (Ages 6 – 12 years) - Hart's Gymnastic Center

1129 | Tue, Wed, Thu | April 8,9,10 | 8:00 am-3:00 pm | Ages 6-12 | \$100.00/1 child, \$175/2 sibs, \$225/ 3 sibs



Adopt-A-Street!

Volunteer groups can “adopt” approximately a two-mile stretch of street in Covington by removing litter at least two times per year over a two year period.

For more information, contact City of Covington Public Works Department Adopt-A-Street Program

Shellie Bates, Office Supervisor
253-480-2463 or sbates@covingtonwa.gov

Are you harboring a fugitive?

Make your pet legal.

It's the law! Pet licenses can be purchased or renewed at Covington City Hall at 16720 SE 271st St #100, Covington.

Regional Animal Services of King County

Dance Classes

DANCE ARTS COVINGTON

All dance classes will be held at Dance Arts studio - 31040 E Lake Morton Dr SE Kent, WA 98042.

BALLET 1/2

For students ages 7-10

1230 | Dance Arts studio | Thu | Jan.2-March 22 | 4:30-5:30 | Ages 7-10 | \$178.75

COMBO BALLET/JAZZ/TAP

This combination class will give students the opportunity to sample three different styles of dance. Ballet: Grace, elegance and discipline. These are just a few of the benefits from classical training. Our philosophy is to promote anatomically correct placement and alignment for each individual. Ballet is essential for any serious dance student. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. ** Attire: Hair in bun, pink leotard, pink tights, pink ballet shoes.

1232 | Dance Arts studio | Mon | Jan.6-March 31 | 5:00-6:00 | Ages 5-6 | \$178.75

COMBO BALLET/JAZZ/TAP 2

For students ages 6-7

1233 | Dance Arts studio | Thu | Jan.2-March 22 | 5:00-6:00 | Ages 6-7 | \$178.75

CREATIVE MOVEMENT/TAP

Creative Movement consist of a series of games, music, stories and activities that will help develop gross motor skills coordination and rhythm, while keeping learning fun. Children will also get to practice appropriate group interaction skills such as sharing, listening, and following directions. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality, and a variety of step styles are taught. **Attire: hair in bun, pink tights, pink leotard, pink ballet shoes.

1235 | Dance Arts studio | Wed | Jan.8-March 26 | 5:00-6:00 | Ages 3-5 | \$165.00

1236 | Dance Arts studio | Fri | Jan.3-March 28 | 10:00-11:00 | Ages 3-5 | \$178.75

HIP HOP 1

Students will be introduced to the basic principles of Hip hop including popping, locking, breaking, gliding, all to the latest, age appropriate Hip hop music. Students will also work on rhythm, isolations, and free styling. Students can look forward to a class that is fun, high energy, and positive. Attire -comfortable athletic wear and tennis shoes.

1238 | Dance Arts studio | Mon | Jan.6-March 31 | 4:15-5:15 | Ages Teen | \$178.75

1237 | Dance Arts studio | Mon | Jan.6-March 31 | 6:15-7:15 | Ages 7-9 | \$178.75

1239 | Dance Arts studio | Wed | Jan.8-March 26 | 4:15-5:15 | Ages 5-6 | \$165.00

1240 | Dance Arts studio | Wed | Jan.8-March 26 | 6:00-7:00 | Ages 10-12 | \$165.00

Dance Classes

HIP HOP 2/3

For students continuing from Hip Hop 1

1241 | Dance Arts studio | Mon | Jan.6-March 31 | 5:15-6:15 | Ages 10-12 | \$178.75

JAZZ/LYRICAL 1/2

This combination class will give young students the opportunity to sample two different styles of dance: Lyrical which is graceful, fluid, and expresses the lyrics of popular ballads; and Jazz which is upbeat, funky, and sharp. Classes will also incorporate stretching, basic technique, and across the floor skills. Parents are welcome to observe the first and last class. Attire-Leotard, tights, stretch shorts, or pants; and ballet or jazz shoes.

1242 | Dance Arts studio | Mon | Jan.6-March 31 | 6:00-7:00 | Ages 10-12 | \$178.75

1243 | Dance Arts studio | Wed | Jan.8-March 26 | 8:00-9:00 | Ages Teen | \$165.00

1244 | Dance Arts studio | Thu | Jan.2-March 22 | 6:00-7:00 | Ages 7-9 | \$178.75

TAP 1

Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. **Attire: Hair in bun, leotard, jazz pants, black tap shoes.

1245 | Fri | Jan.3-March 28 | 6:15-7:15 | Ages 7-9 | \$178.75

1246 | Fri | Jan.3-March 28 | 6:30-7:30 | Ages 10-12 | \$178.75



Take a Walk

CITY OF COVINGTON TRAILS

Covington Community Park, 17649 SE 240th Street

This new 30-acre community park features a new multi-purpose grass field, portable restrooms, 1.5 miles of paved, gravel and natural surface trails, and parking.

Cedar Downs Park (King County)

A 1 mile natural surface trail through 78 acres of mature forest. The primary access is from SE 253rd Street at 212th Place SE in the Cedar Downs neighborhood in Maple Valley.

Jenkins Creek Trail

A 0.6 mile paved trail within a 4.2 acre natural area along Jenkins Creek. The primary access is from the SE 261st Street cul de sac, west of 184th Ave SE.

Rainier Vista Trail

A 0.6 mile paved trail meandering along a wooded stream within the 23.9 acre Rainier Vista Natural Area. It is located south of SE 240th Street at 185th Ave SE with multiple access points.

Soos Creek Park and Trail (King County)

This 6 mile paved regional trail has a soft shoulder and park benches, running north from Covington towards Renton. A separate soft surface trail for equestrians exists along most portions of the trail. Local access points with parking include: 148th Ave SE at SE 266th Street (restroom); SE 256th Street just east of 148th Ave SE; and 148th Ave SE at SE 249th Street (restroom, picnic area).

The Reserve Stormwater Pond

This public 0.5 mile paved walking loop has park benches and picnic tables. The primary access is at SE 258th Street, east of 160th Ave SE, in The Reserve neighborhood.

Wingfield Trail

A 0.25 mile paved trail winding through part of the 7.1 acre Wingfield Natural Area. Primary access is on SE 261st Street, west of 170th Place SE, in the Coho Creek neighborhood.

City of Covington Community Room located in Covington City Hall



Your event. Our place.

Rent the Community Room for your next event !

Birthday parties. Baby showers. Luncheons. Work meetings. Anniversary celebrations. Classes. Wedding receptions. Whatever event you are planning, the City of Covington's Community Room is the perfect space to host it.

Space Details:

Capacity	90 - Sit Down 120 - Reception-style
Square Footage	1,500 sq. ft.
Amenities	9 round five-foot tables 2 six-foot tables 2 eight-foot table Podium Ample free parking Full kitchen (additional fee)



For more information call us at (253) 480-2400 or find it on the web CovingtonWA.gov/roomrentals.html



Featured Events



July 19-20, 2014



July 25, Aug. 1, Aug. 8, 2014



Aug. 16, 2014

Community Tree Lighting Celebration



Dec. 6, 2014



Covington Aquatic Center Information

MEMBERSHIPS

Memberships benefit those individuals and families that want to be frequent users of the Covington Aquatic Center. Rather than paying per visit, membership users pay for access to facilities and programs. There are three different membership types: Aqua Memberships, Aqua Plus Memberships, and WaterX Memberships. Each membership may be purchased for a 3-month term, or a 12-month term. The 12-month term memberships may be paid in monthly installments and has the option for automatic renewals.



PARKING

Covington Aquatic Center parking is limited and at times presents a challenge for our patrons. Please use our designated parking spaces. If these are full, you may use any available spaces in the high-school parking lots (the gravel lot accessible from 240th St often has parking available when the high school parking lot is full).

REFUND POLICY

All lesson credits and refunds must be pre-approved and will only be given to those who have missed five classes or more due to an extended illness or injury. An administrative fee of \$10 per registrant will be assessed for each lesson refund processed. All other credits or refunds must be requested at least one week prior to the start of the program, event, or rental and will carry a \$10 administrative fee for processing.



MAKE A SPLASH!

at 18230 SE 240th St Covington, WA 98042



American Red Cross

- American Red Cross Swimming Lessons
- Water Exercise Classes
- Public Swims
- Lap Swims
- Pool Parties



253-480-2480
www.CovingtonWA.gov/CAC

Covington Aquatic Center

Aquatics Special Events

HOLLYDAZE FLOAT-IN MOVIES (ALL AGES)

Rudolph, Frosty, Santa, and more team up for this holiday film extravaganza! – Float or swim, enjoy the films, and compete in fun games and activities for holiday prizes!

Fridays | Dec 6, 13, and 20 | 7:30-9:30 pm | Day of event: General fee \$11.25/person; Covington discounted fee \$9.00/person | Pre-registration available until day before the event: General fee \$7.50/person; Covington discounted fee \$6.75/person

SWEETHEART SWIM (ALL AGES)

The Saturday after Valentine's Day, enjoy a sweet 2-for-1 deal! Bring your sweetheart ... bring a friend ... bring anyone to the Sweetheart Swim! Swing into fun on the rope swing, slide in down the waterslide, or show your love to Big Red, the floating octopus.

Saturday | Feb. 15 | 2-3 p.m. | Two individuals for the price of one regular admission

Rent the Pool!

Great for birthday parties, youth groups, sports teams, church groups, and scout groups. Reservations must be made prior to the rental. Facilities are booked by the hour and payment must be received at the time of the reservation.

The following equipment is included in a pool rental:

- "Big Red" (the large inflatable octopus)
- The "Magic Carpet" (the floating walkway)
- "Speedy McBlue" (the water slide)
- Diving Board and Rope Swing, Water Basketball
- Mats, Noodles, Inner Tubes, and Life Jackets
- Rental Room (for an additional charge)

Available Rental Days/Times:

Saturdays 3-8 pm | Sundays 2-5 pm

Number of swimmers	General Fee	Covington Discounted Fee
1-25 swimmers	\$150	\$125
26-60 swimmers	\$195	\$160
61-90 swimmers	\$235	\$195
91-120 swimmers	\$260	\$215
121-151 swimmers	\$280	\$230
Party Room (1-25, 50 min)*	\$45	\$35

*Party Room can be booked separately from the pool; 10 minutes following will be used to clean the room.

AQUATICS CLASS LOCATION AND CONTACT INFORMATION

All aquatics classes are located at the Covington Aquatic Center
18230 SE 240th St, Covington, WA 98042,
next to Tahoma High School.

Phone: (253) 480-2480
Email Address: parks@covingtonwa.gov
Website: www.covingtonwa.gov/cac

Please note that schedule and program information is subject to change.
For the most up-to-date information, please visit www.covingtonwa.gov/cac.

Get the 2014 Covington Residents' Guide

Have important city information at your fingertips – from handy phone numbers and special event dates to park listings and more!

The guide can be found inside the Nov. 22, 2013 issue of the Covington Maple Valley Reporter Newspaper. But, you can also pick up a copy of the guide at Covington City Hall while supplies last.



Registration Information

Online

Class information and details can be viewed online at www.CovingtonWA.gov. You must create a user account if you want to register and pay online.

Phone

Register for your favorite class by calling the Covington Aquatic Center at (253) 480-2480.

Mail

Or, mail in a printed form to sign up for classes. Forms can be downloaded from the web or picked up at Covington City Hall at 16720 SE 271st St. in Covington.