

# Covington Recreation Guide



**Fall 2013**

*Introducing classes at the newly opened Covington Community Park*

*Learn the benefits of Slow Flow and Yin Yoga for ages 16 and up*

*Kids discover their inner gardener and chef skills in youth cooking classes*



**Details inside** 

# Youth Sports

## **KIDZ LOVE SOCCER (AGES 2-10) - Covington Community Park**

For more than 30 years, Kidz Love Soccer has been providing communities in California, Oregon, and Washington with fun, organized soccer classes and camps for children ages 2 - 12 years. We create a lively, positive and safe environment for kids to learn how to play soccer and develop a lifelong love for soccer and sports. Just ask one of our 600,000 graduates!

Kidz Love Soccer has a team of trained instructors that love teaching and bring a lot of energy and enthusiasm to the soccer field. Using our field-tested and age-appropriate proprietary curriculum, our youth classes teach kids all the fundamentals of soccer in a high-energy, non-competitive program designed to encourage good sportsmanship and a love for sports

## **MOMMY/DADDY & ME SOCCER (Ages 2-3½ years)**

Introduce yourself and your toddler to the world's most popular sport! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action!

5201.3111 | Fridays | Sep 20-Oct 25 | 5:30-6:00 pm | Ages 2-3½ | \$63.00

## **TOT/PRE-SOCCER (Ages 3½-5 years)**

Little tykes will enjoy running and kicking just like the big kids! Children will learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required after the first meeting.

5201.3112 | Fridays | Sep 20-Oct 25 | 4:30-5:20 pm | Ages 3½-5 | \$63.00

## **SOCCER 1 (Ages 5-6 years)**

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

5201.3113 | Fridays | Sep 20-Oct 25 | 3:45-4:30 pm | Ages 5-6 | \$63.00



## **SOCCER 2 – SKILLZ & SCRIMMAGES (Ages 7-10 years)**

Kidz will enjoy advanced skill building: dribbling, passing, receiving, shooting, etc. in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All skill levels are welcome to come enjoy the world's most popular sport! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

5201.3114 | Fridays | Sep 20-Oct 25 | 3:00-3:45 pm | Ages 7-10 | \$73.00

# Fitness Classes



## **YOGA SLOW FLOW & YIN (AGES 16+) - Community Room in City Hall**

**Slow Flow Yoga:** In this slower paced Vinyasa class, poses are held for longer periods of time to allow for a deeper experience of the pose. Equal emphasis is placed on building strength and balance, breathing mindfully, increasing flexibility, strengthening mental focus, and relaxing into the moment.

**Yin Yoga:** Yin yoga is a deeply meditative practice where postures are held for an extended period of time. Yin yoga targets the connective tissues, such as the ligaments, bones, and even the joints of the body that normally are not exercised very much in more active forms of yoga and exercise. Both styles are appropriate for all levels, beginners encouraged. Class styles will be customized to the students in attendance.

Wear comfortable, fitted clothing. Many students wear an outer layer like a long-sleeve t-shirt and socks for the first and last few minutes of class to keep warm and comfortable. Bring a yoga mat, water and any other props you have. A limited supply of props will be available (blocks, straps and blankets).

5101.3002 | Wednesdays | October 2, 9, 16, 23, 30 | 10:00-11:00 am | Ages 16+ | \$50/Session

5101.3003 | Wednesdays | November 6, 13, 20, 27 | 10:00-11:00 am | Ages 16+ | \$40/Session

5101.3004 | Wednesdays | December 4, 11 | 10:00-11:00 am | Ages 16+ | \$20/Session

Drop in: \$12.00 – participation on a space available basis.

## **STROLLER STRIDES - Register at [sekingcounty.fit4mom.com](http://sekingcounty.fit4mom.com)**

This class will be held indoors at City Hall in the Community Room. Stroller Strides® is a stroller-based fitness program designed for moms with little ones. Each 60-minute, total body workout incorporates power walking, strength, toning, songs and activities. Certified fitness instructors offer a variety of fun class formats both indoors and outdoors. All locations also offer a free Plum Moms Club so moms can form lasting friendships with other moms through organized playdates, moms' nights out, and activities for the whole family.

Tue/Thur | Nov 5-Jan 2 | 9:30-10:30 am | Ages 18+ | \$55/month or purchase a 10-Visit Pass for \$110

# Gymnastics Classes

## HART'S GYMNASTICS

Hart's is committed to the growing of young people through the artform and experience of gymnastics. Hart's Gymnastic Center creates an environment where the love of gymnastics is combined with both quality coaching and safety to help each individual gymnast maximize his or her potential. Gymnastics has something to offer everyone – whether in a recreational or competitive setting. Hart's gymnastic program is family-friendly while offering the highest quality of coaches and staff. Classes to be held at Hart's Gymnastic Center, 26415 79th Ave S. Kent, WA 98032.

### GYMNASTICS-GIRLS (Ages 6 – 12 years) - Hart's Gymnastic Center

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest!



5201.3123 | Wednesdays | Aug 28-Sep 25 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3124 | Wednesdays | Aug 28-Sep 25 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3125 | Saturdays | Aug 31-Sep 28 | 10:00-10:55 am | Ages 6-12 | \$58  
5201.3126 | Saturdays | Aug 31-Sep 28 | 11:00-11:55 am | Ages 6-12 | \$58  
5201.3121 | Mondays | Sept 9-Sep 30 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3122 | Mondays | Sep 9-Sep 30 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3129 | Wednesdays | Oct 2-Oct 23 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3130 | Wednesdays | Oct 2-Oct 23 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3131 | Saturdays | Oct 5-Oct 26 | 10:00-10:55 am | Ages 6-12 | \$58  
5201.3132 | Saturdays | Oct 5-Oct 26 | 11:00-11:55 am | Ages 6-12 | \$58  
5201.3127 | Mondays | Oct 7-Oct 28 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3128 | Mondays | Oct 7-Oct 28 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3135 | Wednesdays | Oct 30-Nov 20 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3136 | Wednesdays | Oct 30-Nov 20 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3137 | Saturdays | Nov 2-Nov 23 | 10:00-10:55 am | Ages 6-12 | \$58  
5201.3133 | Mondays | Nov 4-Nov 25 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3134 | Mondays | Nov 4-Nov 25 | 6:00-6:55 pm | Ages 6-12 | \$58

5201.3141 | Wednesdays | Nov 27-Dec 18 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3142 | Wednesdays | Nov 27-Dec 18 | 6:00-6:55 pm | Ages 6-12 | \$58  
5201.3143 | Saturdays | Nov 30-Dec 21 | 10:00-10:55 am | Ages 6-12 | \$58  
5201.3144 | Saturdays | Nov 30-Dec 21 | 11:00-11:55 am | Ages 6-12 | \$58  
5201.3138 | Mondays | Dec 2-Dec 23 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3140 | Mondays | Dec 2-Dec 23 | 6:00-6:55 pm | Ages 6-12 | \$58

### GYMNASTICS-BOYS (Ages 6 – 12 years) - Hart's Gymnastic Center

Boys will learn beginning level skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

5201.3145 | Wednesdays | Aug 28-Sep 25 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3146 | Wednesdays | Oct 2-Oct 23 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3147 | Wednesdays | Oct 30-Nov 20 | 5:00-5:55 pm | Ages 6-12 | \$58  
5201.3148 | Wednesdays | Nov 27-Dec 18 | 5:00-5:55 pm | Ages 6-12 | \$58

# Gymnastics Classes

## **GYMNASTICS-PRESCHOOL (Ages 3 - 5 years)**

In the Preschool classes your child will be introduced to basic movement and gymnastics.

5201.3155 | Wednesdays | Aug 28-Sep 25 | 3:00-3:45 pm | Ages 3-5 | \$50  
5201.3156 | Wednesdays | Aug 28-Sep 25 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3157 | Saturdays | Aug 31-Sep 28 | 10:00-10:45 am | Ages 3-5 | \$50  
5201.3158 | Saturdays | Aug 31-Sep 28 | 11:00-11:45 am | Ages 3-5 | \$50  
5201.3154 | Mondays | Sep 9-Sep 30 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3160 | Wednesdays | Oct 2-Oct 23 | 3:00-3:45 pm | Ages 3-5 | \$50  
5201.3161 | Wednesdays | Oct 2-Oct 23 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3162 | Saturdays | Oct 5-Oct 26 | 10:00-10:45 am | Ages 3-5 | \$50  
5201.3163 | Saturdays Oct 5-Oct 26 | 11:00-11:45 am | Ages 3-5 | \$50.  
5201.3159 | Mondays | Oct 7-Oct 28 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3165 | Wednesdays | Oct 30-Nov 20 | 3:00-3:45 pm | Ages 3-5 | \$50  
5201.3166 | Wednesdays | Oct 30-Nov 20 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3167 | Saturdays | Nov 2-Nov 23 | 10:00-10:45 am | Ages 3-5 | \$50  
5201.3168 | Saturdays | Nov 2-Nov 23 | 11:00-11:45 am | Ages 3-5 | \$50  
5201.3164 | Mondays | Nov 4-Nov 25 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3150 | Wednesdays | Nov 27-Dec 18 | 3:00-3:45 pm | Ages 3-5 | \$50  
5201.3151 | Wednesdays | Nov 27-Dec 18 | 5:00-5:45 pm | Ages 3-5 | \$50  
5201.3152 | Saturdays | Nov 30-Dec 21 | 10:00-10:45 am | Ages 3-5 | \$50  
5201.3153 | Saturdays | Nov 30-Dec 21 | 11:00-11:45 am | Ages 3-5 | \$50  
5201.3149 | Mondays | Dec 2-Dec 23 | 5:00-5:45 pm | Ages 3-5 | \$50

## **GYMNASTICS-MOVEMENT (Ages 16 mos. - 3 years) - Hart's Gymnastic Center**

Our Parent & Tot class is the ideal place to have organized safe fun exploring movement with your child in a gymnastic environment.

5201.3169 | Saturdays | Aug 31-Sep 28 | 9:00-9:45 am | Ages 16 mos-3 years | \$50  
5201.3170 | Saturdays | Oct 5-Oct 26 | 9:00-9:45 am | Ages 16 mos-3 years | \$50  
5201.3171 | Saturdays | Nov 2-Nov 23 | 9:00-9:45 am | Ages 16 mos-3 years | \$50  
5201.3172 | Saturdays | Nov 30-Dec 21 | 9:00-9:45 am | Ages 16 mos-3 years | \$50

## **GYMNASTICS WINTER BREAK CAMP (Ages 6 – 12 years) - Hart's Gymnastic Center**

5201.3173 | Thurs-Sat | Dec 26, 27, 28 | 8:00 am-3:00 pm | Ages 6 – 12 | \$225



# Dance Classes

## DANCE ARTS STUDIO COVINGTON

All dance classes will be held at Dance Arts Studio - 31040 E Lake Morton Dr SE Kent, WA 98042. Class fees can be pro-rated if students register after classes begin.



### PRE BALLET - Dance Arts Studio Covington

Grace, elegance and poise are just a few of the benefits of ballet training. This class will introduce students to the basic principles of ballet. Classes will include stretching, strengthening, basic steps, and older students will incorporate work at the barre. Parents are welcome to observe the first and last class of the session. Attire: leotard, tights, and ballet slippers.

5201.3174 | Thursdays | Sep 12-Dec 19, no class 11/28 | 5:30-6:30 pm | Ages 5-6 | \$192.50

### BALLET 1/2 - Dance Arts Studio Covington

5201.3175 | Thursdays | Sep 12-Dec 19, no class 11/28 | 4:30-5:30 pm | Ages 7-10 | \$192.50

### Ballet 1 - Dance Arts Studio Covington

5201.3176 | Tuesdays | Sep 10-Dec 17 | 4:00-5:00 pm | Ages Teen | \$206.25

### COMBO BALLET/JAZZ/TAP - Dance Arts Studio Covington

This combination class will give students the opportunity to sample three different styles of dance. Ballet: Grace, elegance and discipline. These are just a few of the benefits from classical training. Our philosophy is to promote anatomically correct placement and alignment for each individual. Ballet is essential for any serious dance student. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. \*\* Attire: Hair in bun, pink leotard, pink tights, pink ballet shoes.

5201.3179 | Mondays | Sep 9-Dec 16 | 5:00-6:00 pm | Ages 5-6 | \$206.25

### COMBO BALLET/JAZZ/TAP 2 - Dance Arts Studio Covington

5201.3181 | Thursdays | Sep 12-Dec 19, no class 11/28 | 5:00-6:00 pm | Ages 6-7 | \$192.50

### COMBO JAZZ/LYRICAL/HIP HOP - Dance Arts Studio Covington

Students will be introduced to the basic jazz and lyrical technique including isolations, extensions, leaps, and turns. Class will begin with a warm up and across the floor skills. Students will then alternate between learning a lyrical or jazz routine each week. Lyrical routines will be performed to contemporary pop ballads and jazz routines will incorporate today's latest, age appropriate pop songs. Hip Hop: Popularized on music videos, students learn rhythm and style to today's most popular music. This portion is funkier and less technical.

5201.3182 | Saturdays | Sep 14-Dec 21, no class 11/30 | 11:15 am-12:15 pm | Ages 5-7 | \$192.50

# Dance Classes

## **CREATIVE MOVEMENT/TAP - Dance Arts Studio Covington**

Creative Movement consist of a series of games, music, stories and activities that will help develop gross motor skills coordination and rhythm, while keeping learning fun. Children will also get to practice appropriate group interaction skills such as sharing, listening, and following directions. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality, and a variety of step styles are taught. \*\*Attire: hair in bun, pink tights, pink leotard, pink ballet shoes.

5201.3184 | Wednesdays | Sep 11-Dec 18 | 5:00-6:00 pm | Ages 3-5 | \$206.25

5201.3183 | Fridays | Sep 13-Dec 20, no class 11/29 | 10:00-11:00 am | Ages 3-5 | \$192.50

## **HIP HOP 1 - Dance Arts Studio Covington**

Students will be introduced to the basic principles of Hip hop including popping, locking, breaking, gliding, all to the latest, age appropriate Hip hop music. Students will also work on rhythm, isolations, and free styling. Students can look forward to a class that is fun, high energy, and positive. Attire -comfortable athletic wear and tennis shoes.

5201.3188 | Mondays | Sep 9-Dec 16 | 4:15-5:15 pm | Ages Teen | \$206.25

5201.3186 | Mondays | Sep 9-Dec 16 | 6:15-7:15 pm | Ages 7-9 | \$206.25

5201.3185 | Wednesdays | Sep 11-Dec 18 | 4:15-5:15 pm | Ages 5-6 | \$192.50

5201.3187 | Wednesdays | Sep 11-Dec 18 | 6:00-7:00 pm | Ages 10-12 | \$206.25

## **HIP HOP 2/3 - Dance Arts Studio Covington**

For students continuing from Hip Hop 1

5201.3189 | Mondays | Sep 9-Dec 16 | 5:15-6:15 pm | Ages 10-12 | \$206.25

## **JAZZ/LYRICAL 1/2 - Dance Arts Studio Covington**

This combination class will give young students the opportunity to sample two different styles of dance: Lyrical which is graceful, fluid, and expresses the lyrics of popular ballads; and Jazz which is upbeat, funky, and sharp. Classes will also incorporate stretching, basic technique, and across the floor skills. Parents are welcome to observe the first and last class. Attire-Leotard, tights, stretch shorts, or pants; and ballet or jazz shoes.

5201.3191 | Mondays | Sep 9-Dec 16 | 6:00-7:00 pm | Ages 10-12 | \$206.25

5201.3192 | Wednesdays | Sep 11-Dec 18 | 8:00-9:00 pm | Ages Teen | \$206.25

5201.3190 | Thursdays | Sep 12-Dec 19, no class 11/28 | 6:00-7:00 pm | Ages 7-9 | \$192.50

## **TAP 1 - Dance Arts Studio Covington**

Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. \*\*Attire: Hair in bun, leotard, jazz pants, black tap shoes.

5201.3195 | Fridays | Sep 13-Dec 20, no class 11/29 | 6:15-7:15 pm | Ages 7-9 | \$206.25

5201.3196 | Fridays | Sep 13-Dec 20, no class 11/29 | 7:15-8:15 pm | Ages 10-12 | \$192.50

# Kids Cooking Classes

## GROWING GREEN KIDS - Community Room in City Hall

### KIDS COOKING-SPROUTING GARDENERS AND SEEDLING CHEFS!

Join us for five weeks of discovery and fun! We'll taste our way through the five food groups as we create two nutritious and delicious snacks each week. You are the chef-in-training with hands-on activities in the Kids's Kitchen. But that's not all... We'll journey through a plant's life from seed to seed. Enjoy stories, music and art as we discover how seeds make our food.

5201.3118 | Tuesdays | Sep 24-Oct 22 | 10:30-11:30 am | Ages 3-6 | \$60

### KIDS COOKING - GREEN THUMB GARDENERS & BUDDING CHEFS! - Community Room in City Hall

Join us for five jam-packed weeks of discovery and fun! We'll eat our way through the five food groups as we create (and eat!) two nutritious and delicious recipes each week. Your child will not only gain confidence as a budding chef, but they will learn how to eat smart for a lifetime! But that's not all... We'll get down to earth as we explore how plants grow and become the food we eat! It's all hands-on as we follow the complete life-cycle of a plant from seed to seed with Wisconsin's Fast Plants. We'll even get to pollinate the plants! Grow your own salad bowl garden to take home! Lots of fun for all!

5201.3119 | Thursdays | Sep 26-Oct 24 | 4:00-6:00 pm | Ages 7-12 | \$125

## Your event. Our Place. Rent the Community Room for your next event!

Birthday parties. Baby showers. Work meetings. Luncheons. Anniversary celebrations. Classes. Wedding receptions. Whatever event you are planning, the City of Covington's Community Room is the perfect space to host it!

### AMENITIES

Chairs	90	Kitchen	Yes
Tables (round)	9	Podium	Yes
Restrooms	Yes	Parking	Yes

### RENTAL FEES

During business hours	\$28/hour
After hours & weekends	\$64/hour
Kitchen Use Fee	\$30
Damage Deposit	\$250

Details at [www.covingtonwa.gov/roomrentals](http://www.covingtonwa.gov/roomrentals) or call 253-480-2404.



# Educational Classes

## **SUPER SITTERS - Community Room in City Hall**

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class. Additional Babysitter's Kits are available from the instructor for \$20.

5201.3004 | Saturday | Nov 23 | 9:00 am-3:00 pm | Ages 11-16 | \$60

## **SAFE@ HOME - Held at Various Elementary Schools**

This class is held directly after school. Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

5201.3107 | Jenkins Creek | Thursday | Oct 3 | 2:45-4:45 pm | Ages 8-11 | \$30

5201.3108 | Cedar Valley | Thursday | Oct 17 | 3:00-5:00 pm | Ages 8-11 | \$30

5201.3109 | Covington | Thursday | Oct 24 | 4:10-6:10 pm | Ages 8-11 | \$30

5201.3110 | Sawyer Woods | Tuesday | Nov 5 | 3:00-5:00 pm | Ages 8-11 | \$30

5201.3106 | Crestwood | Thursday | Nov 14 | 3:15-5:15 pm | Ages 8-11 | \$30



## **BOATING SAFETY-POVERTY BAY POWER SQUADRON - Community Room in City Hall**

This course is offered by the Poverty Bay Sail and Power Squadron. This basic boating course will satisfy the boater education requirement for the State of Washington and most other states. In 2013 all boaters 50 years and younger will have to have a Boater's card in their possession to operate any vessel 15 horsepower and over in Washington. By 2015, anyone born after 1955 will need a card. Bring a sack lunch. Textbook and CD included please pick up prior to class date at the Covington Aquatic Center.

5201.3001 | Saturday | Sep 14 | 8:00 am-4:30 pm | Ages 10-Adult | \$35 and \$10 for each addl. family member

## **GETTING ACQUAINTED WITH YOUR BACKYARD BIRDS - Covington Aquatic Center and Covington Community Park**

A fun, engaging program that starts with a presentation at the Covington Aquatic Center classroom featuring common birds in the Seattle area, how to identify them, recognize their songs, attract them and ends with a bird walk in the park. In addition, it will feature a list of good places to go birding in Seattle, as well as suggestions on bird field guides, apps and optics. Following the presentation, we will walk to nearby Covington Community Park to search for birds. We could see up to 20 species. Dress for the weather and beware of getting hooked on this popular pastime.

5301.3002 | Saturday | Sep 21 | 8:00-11:00 am | Ages all - kids must be accompanied by an adult | \$15

# MAKE A SPLASH!

at 18230 SE 240th St Covington, WA 98042



American Red Cross

American Red Cross  
Swimming Lessons

Water Exercise Classes

Public Swims

Pool Parties

Lap Swims

Covington  
Aquatic  
Center



(253) 480-2480

[www.CovingtonWA.gov/CAC](http://www.CovingtonWA.gov/CAC)

Covington  
parksandrecreation



# *Aquatics Special Events*

## **SPOOKY SWIM (ALL AGES)**

A Halloween-themed pool party! Lights out, glowing pool, fun games and activities with sweet prizes! There are two sessions available, and pre-registration is recommended to secure a spot!

Saturday | October 26 | 5:00-6:30 pm & 6:30-8:00 pm | \$11.25/person; \$9.00/discounted fee (per session)  
Discounted pre-registration available 10/1-10/25 | \$7.50/person; \$6.75/discounted fee

## **\*NEW\* - HALLOW SWIM (ALL AGES)**

Our regular Thursday evening public swim with a spooky twist! We will have a “Dark Swim”, like the Spooky Swim with some activities and prizes, too!

Thursday | October 31 | 7:00-8:00 pm | \$4.50/person; \$3.75/discounted fee

## **FLOAT-IN MOVIES (ALL AGES)**

Rudolph, Frosty, Santa, and more team up for this holiday film extravaganza! – Float or swim, enjoy the films, and compete in fun games and activities for holiday prizes!

Fridays | Dec 6, 12, and 20 | 7:00-9:00 pm | \$11.25/person; \$9.00/discounted fee  
Discounted pre-registration available 10/25 until day before event | \$7.50/person; \$6.75/discounted fee

## **LIFEGUARD TRAINING (AGES 15+)**

Take this fun and exciting course to get certified in American Red Cross Lifeguard Training, First Aid, CPR, and AED. These are must-have certifications to work at a pool or waterfront as a lifeguard. This course is taught through blended learning (combines online learning with on-site skills sessions).

Dec 21-27 | Saturday 10:00 am-noon and Monday, Thursday, Friday 8:00 am-3:00 pm | \$240/student; \$200/discounted fee

## ***AQUATICS CLASS LOCATION AND CONTACT INFORMATION***

All aquatics classes are located at the  
Covington Aquatic Center  
18230 SE 240th St, Covington, WA 98042,  
next to Tahoma High School.

Phone: (253) 480-2480  
Email Address: [parks@covingtonwa.gov](mailto:parks@covingtonwa.gov)  
Website: [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

Please note that schedule and program information is subject to change.  
For the most up-to-date information, please visit [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac).

# COVINGTON TREE LIGHTING EVENTS

## Purple Light Nights® Tree Lighting & Rock Fest

“Keep Calm and Rock for a Reason”



Saturday, Sept. 28  
6:30-8:30 p.m.

4th Annual Tree Lighting Event to kick off  
Domestic Violence Awareness Month in October

WHERE: Fred Meyer Parking Lot

FOR: Teens and Families of all ages

FREE BBQ: By Cross Point and Real Life Church

MUSIC: We the Audience, Harvest States, and Red Rova

## Community Tree Lighting

Saturday, Dec. 7  
Beginning at 4 p.m.

Join us for hot cocoa,  
activities for kids, a  
visit from Santa himself,  
caroling, and more!

Located on 168th Pl. SE  
next to Pier 1 Imports.



## Registration Information

Online

Class information and details can be viewed online at [www.CovingtonWA.gov](http://www.CovingtonWA.gov). You must create a user account if you want to register and pay online.

Phone

Register for your favorite class by calling the Covington Aquatic Center at (253) 480-2480.

Mail

Or, mail in a printed form to sign up for classes. Forms can be downloaded from the web or picked up at Covington City Hall at 16720 SE 271st St. in Covington.