

Covington Recreation Guide

Spring 2014



Get moving with new fitness classes Zumba and Vinyasa Yoga

Throw a unique party by renting the pool for birthdays and more

Learn the techniques and application of watercolor painting



Covington
parksandrecreation

Register online at www.CovingtonWA.gov or call the Covington Aquatic Center at (253) 480-2480.

Details inside 

Educational Classes

SUPER SITTERS - Community Room in City Hall

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class. Additional Babysitter's Kits are available from the instructor for \$20.

2201 | Saturday | May 03 | 9:00 am-3:00 pm | Ages 11-16 | \$60.00/class

SAFE@ HOME-Community Room in City Hall

This class is held directly after school. Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

2202 | Saturday | May 03 | 3:00-5:00pm | Ages 8-11 | \$30.00/class



BOATING SAFETY-POVERTY BAY POWER SQUADRON - Community Room in City Hall

This course is offered by the Poverty Bay Sail and Power Squadron. This basic boating course will satisfy the boater education requirement for the State of Washington and most other states. In 2013 all boaters 50 years and younger will have to have a Boater's card in their possession to operate any vessel 15 horsepower and over in Washington. By 2015, anyone born after 1955 will need a card. Bring a sack lunch. Textbook and CD included please pick up prior to class date at the Covington Aquatic Center.

2500 | Saturday | April 26 | 8:00am-4:30pm | Ages 10-Adult | \$35.00 or \$10.00 for each addl. family member

Painting

Watercolor Painting - Community Room in City Hall

Come experience the joy and beauty of watercolor painting. Learn traditional and experimental watercolor techniques and application. Class includes demonstration, individual assistance, discussion and critique. Instructor continually introduces new methods and projects to expand student's knowledge for watercolor painting, while developing ones own style. Beginners - Intermediate. Supply list provided upon registration.

2401 | Wednesdays | April 16-May 28* | 6:30-8:30pm | Ages 18+ | \$65.00 6 classes | *No class April 30

Fitness Classes



Vinyasa Flow Yoga –All Levels- Community Room in City Hall

Develop your strength and flexibility with a creative yoga practice that will keep you calm, present, and focused. Using breath-connected movement you will learn basic yoga poses that will restore and strengthen your body and mind. Please bring a yoga mat and wear comfortable clothing that allows movement.

2402 | Tue/Thur | April 1-April 29 | 7:00-8:00pm | Ages 14+ | \$90.00 9 classes \$12/Drop-In

2403 | Tue/Thur | May 1-May 29 | 7:00-8:00pm | Ages 14+ | \$90.00 9 classes \$12/Drop-In

2404 | Tue/Thur | June 3-June 26 | 7:00-8:00pm | Ages 14+ | \$80.00 8 classes \$12/Drop-In



Zumba - Community Room in City Hall

Come join the “Fitness Party” and dance your way to fitness using fun, high-energy. Latin and international rhythms. It’s easy to do, effective and exhilarating! No experience is necessary.



2405 | Tue/Thur | April 1-April 29 | 5:30-6:30pm | Ages 14+ | \$45.00 9 classes | \$5 drop-in

2406 | Tue/Thur | May 1-May 29 | 5:30-6:30pm | Ages 14+ | \$45.00 9 classes | \$5 drop-in

2407 | Tue/Thur | June 3-June 26 | 5:30-6:30pm | Ages 14+ | \$40.00 8 classes | \$5 drop-in

Youth Sports

KIDZ LOVE SOCCER - Covington Community Park

For more than 30 years, Kidz Love Soccer has been providing communities in California, Oregon, and Washington with fun, organized soccer classes and camps for children ages 2 - 12 years. We create a lively, positive and safe environment for kids to learn how to play soccer and develop a lifelong love for soccer and sports. Just ask one of our 600,000 graduates!

Kidz Love Soccer has a team of trained instructors that love teaching and bring a lot of energy and enthusiasm to the soccer field. Using our field-tested and age-appropriate proprietary curriculum, our youth classes teach kids all the fundamentals of soccer in a high-energy, non-competitive program designed to encourage good sportsmanship and a love for sports.

MOMMY/DADDY & ME SOCCER (Ages 2-3½ years) - Covington Community Park

Introduce yourself and your toddler to the world's most popular sport! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action!

2101 | Thursdays | April 24 -May 22 | 5:15-5:45pm | Ages 2-3½ | \$53.00



Youth Sports



TOT/PRE-SOCCER (Ages 3½-5 years) - Covington Community Park

Little tykes will enjoy running and kicking just like the big kids! Children will learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required after the first meeting.

2102 | Thursdays | April 24 -May 22 | 4:30-5:05pm | Ages 3½-5 | \$53.00

SOCCER 1 (Ages 5-6 years) - Covington Community Park

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

2203 | Thursdays | April 24 -May 22 | 3:45-4:30 pm | Ages 5-6 | \$53.00

SOCCER 2 – SKILLZ & SCRIMMAGES (Ages 7-10 years) - Covington Community Park

Kidz will enjoy advanced skill building: dribbling, passing, receiving, shooting, etc. in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All skill levels are welcome to come enjoy the world's most popular sport! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

2204 | Thursdays | April 24-May 22 | 6:00-6:45 pm | Ages 7-10 | \$63.00

Gymnastics Classes

HART'S GYMNASTICS

Hart's is committed to the growing of young people through the artform and experience of gymnastics. Hart's Gymnastic Center creates an environment where the love of gymnastics is combined with both quality coaching and safety to help each individual gymnast maximize his or her potential. Gymnastics has something to offer everyone – whether in a recreational or competitive setting. Hart's gymnastic program is family-friendly while offering the highest quality of coaches and staff. Classes to be held at Hart's Gymnastic Center, 26415 79th Ave S. Kent, WA 98032.

GYMNASTICS-GIRLS (Ages 6 – 12 years) - Hart's Gymnastic Center

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest! *No classes April 7-12 Spring Break

2208 | Mondays | March 31-Apr 28 | 5:00-5:55 pm | Ages 6-12 | \$58.00
2209 | Mondays | March 31-Apr 28 | 6:00-6:55 pm | Ages 6-12 | \$58.00
2210 | Wednesdays | Apr 02-Apr 30 | 5:00-5:55 pm | Ages 6-12 | \$58.00
2211 | Wednesdays | Apr 02-Apr 30 | 6:00-6:55 pm | Ages 6-12 | \$58.00
2212 | Saturdays | March 29-Apr 26 | 10:00-10:55 am | Ages 6-12 | \$58.00
2213 | Saturdays | March 29-Apr 26 | 11:00-11:55 am | Ages 6-12 | \$58.00
2214 | Mondays | May 05-June 02 | 5:00-5:55 pm | Ages 6-12 | \$58.00 | *No class May 26 Memorial Day
2215 | Mondays | May 05-June 02 | 6:00-6:55 pm | Ages 6-12 | \$58.00 | *No class May 26 Memorial Day
2216 | Wednesdays | May 07-May 28 | 5:00-5:55 pm | Ages 6-12 | \$58.00
2217 | Wednesdays | May 07-May 28 | 6:00-6:55 pm | Ages 6-12 | \$58.00
2218 | Saturdays | May 03-May 24 | 10:00-10:55 am | Ages 6-12 | \$58.00
2219 | Saturdays | May 03-May 24 | 11:00-11:55 am | Ages 6-12 | \$58.00
2220 | Mondays | June 09-June 30 | 5:00-5:55 pm | Ages 6-12 | \$58.00
2221 | Mondays | June 09-June 30 | 6:00-6:55 pm | Ages 6-12 | \$58.00
2222 | Wednesdays | June 04-June 25 | 5:00-5:55 pm | Ages 6-12 | \$58.00
2223 | Wednesdays | June 04-June 25 | 6:00-6:55 pm | Ages 6-12 | \$58.00
2224 | Saturdays | June 07-June 28 | 10:00-10:55 am | Ages 6-12 | \$58.00
2225 | Saturdays | June 07-June 28 | 11:00-11:55 am | Ages 6-12 | \$58.00



Gymnastics Classes

GYMNASTICS-BOYS (Ages 6 – 12 years) - Hart's Gymnastic Center

Boys will learn beginning level skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

2226 | Wednesdays | Apr 02-Apr 30 | 5:00-5:55 pm | Ages 6-12 | \$58.00

2227 | Wednesdays | May 07- May 28 | 5:00-5:55 pm | Ages 6-12 | \$58.00

2228 | Wednesdays | June 04-June 25 | 5:00-5:55 pm | Ages 6-12 | \$58.00

GYMNASTICS-PRESCHOOL (Ages 3 - 5 years) - Hart's Gymnastic Center

In the Preschool classes your child will be introduced to basic movement and gymnastics.

2105 | Mondays | March 31-Apr 28 | 5:00-5:45 pm | Ages 3-5 | \$50.00

2106 | Wednesdays | Apr 02-Apr 30 | 3:00-3:45 pm | Ages 3-5 | \$50.00

2107 | Wednesdays | Apr 02-Apr 30 | 5:00-5:45 pm | Ages 3-5 | \$50.00

2108 | Saturdays | March 29-Apr 26 | 10:00-10:45 am | Ages 3-5 | \$50.00

2109 | Saturdays | March 29-Apr 26 | 11:00-11:45 am | Ages 3-5 | \$50.00

2110 | Mondays | May 05-June 02 | 5:00-5:45 pm | Ages 3-5 | \$50.00 *No class May 26 Memorial Day

2111 | Wednesdays | May 07-May 28 | 3:00-3:45 pm | Ages 3-5 | \$50.00

2112 | Wednesdays | May 07-May 28 | 5:00-5:45 pm | Ages 3-5 | \$50.00

2113 | Saturdays | May 03-May 24 | 10:00-10:45 am | Ages 3-5 | \$50.00

2114 | Saturdays | May 03-May 24 | 11:00-11:45 am | Ages 3-5 | \$50.00

2115 | Mondays | June 09-June 30 | 5:00-5:45 pm | Ages 3-5 | \$50.00

2116 | Wednesdays | June 04-June 25 | 3:00-3:45 pm | Ages 3-5 | \$50.00

2117 | Wednesdays | June 04-June 25 | 5:00-5:45 pm | Ages 3-5 | \$50.00

2118 | Saturdays | June 07-June 28 | 10:00-10:45 am | Ages 3-5 | \$50.00

2119 | Saturdays | June 07-June 28 | 11:00-11:45 am | Ages 3-5 | \$50.00

GYMNASTICS-MOVEMENT (Ages 16 mos. - 3 years) - Hart's Gymnastic Center

Our Parent & Tot class is the ideal place to have organized safe fun exploring movement with your child in a gymnastic environment.

2102 | Saturdays | March 29-Apr 26 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00

2103 | Saturdays | May 03-24 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00

2104 | Saturdays | June 7-28 | 9:00-9:45 am | Ages 16 mos-3 years | \$50.00

GYMNASTICS SPRING BREAK CAMP (Ages 6 – 12 years) - Hart's Gymnastic Center

2229 | Tue, Wed, Thur | April 8-10 | 8:00 am-3:00 pm | Ages 6-12 | \$100.00/1 child, \$175/2 siblings, \$225/ 3 Siblings

Dance Classes

DANCE ARTS COVINGTON

All dance classes will be held at Dance Arts studio - 31040 E Lake Morton Dr SE Kent, WA 98042.

BALLET 1/2 For students ages 7-10

Grace, elegance, and discipline. These are just a few of the benefits from classical training. Our philosophy is to promote anatomically correct placement and alignment for each individual. Ballet is essential for any serious dance student. **Attire: Hair in bun, solid color leotard, pink tights, pink ballet shoes, NO skirts.

2230 | Dance Arts studio | Thu | Apr 03-June 26 | 4:30-5:30 | Ages 7-10 | \$165.00

*No class April 7-13 Spring Break

COMBO BALLET/JAZZ/TAP

This combination class will give students the opportunity to sample three different styles of dance. Ballet: Grace, elegance and discipline. These are just a few of the benefits from classical training. Our philosophy is to promote anatomically correct placement and alignment for each individual. Ballet is essential for any serious dance student. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. ** Attire: Hair in bun, pink leotard, pink tights, pink ballet shoes.

2232 | Dance Arts studio | Mon | Apr 07-June 30 | 5:00-6:00 | Ages 5-6 | \$137.50

*No class April 7-13 Spring Break

COMBO BALLET/JAZZ/TAP 2

2233 | Dance Arts studio | Thu | Apr 03-June 26 | 5:00-6:00 | Ages 6-7 | \$165.00

*No class April 7-13 Spring Break

CREATIVE MOVEMENT/TAP

Creative Movement consist of a series of games, music, stories and activities that will help develop gross motor skills coordination and rhythm, while keeping learning fun. Children will also get to practice appropriate group interaction skills such as sharing, listening, and following directions. Tap: Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality, and a variety of step styles are taught. **Attire: hair in bun, pink tights, pink leotard, pink ballet shoes.

2235 | Dance Arts studio | Wed | Apr. 02-June 25 | 5:00-6:00 | Ages 3-5 | \$165

2236 | Dance Arts studio | Fri | Apr. 04-June 27 | 10:00-11:00 | Ages 3-5 | \$165

*No classes April 7-13 Spring Break

TAP 1

Students in this class learn to use their feet as a rhythmical instrument. Syncopation, musicality and a variety of step styles are taught. **Attire: Hair in bun, leotard, jazz pants, black tap shoes.

2245 | Fri | Apr 04-June 27 | 6:15-7:15 | Ages 7-9 | \$165.00

2246 | Fri | Apr 04-June 27 | 6:30-7:30 | Ages 10-12 | \$165.00

*No classes April 7-13 Spring Break

Dance Classes

HIP HOP 1

Students will be introduced to the basic principles of Hip hop including popping, locking, breaking, gliding, all to the latest, age appropriate Hip hop music. Students will also work on rhythm, isolations, and free styling. Students can look forward to a class that is fun, high energy, and positive. Attire -comfortable athletic wear and tennis shoes.

2238 | Dance Arts studio | Mon | Apr 07-June 30 | 4:15-5:15 | Ages Teen | \$137.50

2237 | Dance Arts studio | Mon | Apr 07-June 30 | 6:15-7:15 | Ages 7-9 | \$137.50

2239 | Dance Arts studio | Wed | Apr. 02-June 25 | 4:15-5:15 | Ages 5-6 | \$165.00

2240 | Dance Arts studio | Wed | Apr. 02-June 25 | 6:00-7:00 | Ages 10-12 | \$165.00

*No classes April 7-13 Spring Break

HIP HOP 2/3 For students continuing from Hip Hop 1

2241 | Dance Arts studio | Mon | Apr 07-June 30 | | 5:15-6:15 | Ages 10-12 | \$137.50

*No class April 7-13 Spring Break

JAZZ/LYRICAL 1/2

This combination class will give young students the opportunity to sample two different styles of dance: Lyrical which is graceful, fluid, and expresses the lyrics of popular ballads; and Jazz which is upbeat, funky, and sharp. Classes will also incorporate stretching, basic technique, and across the floor skills. Parents are welcome to observe the first and last class. Attire-Leotard, tights, stretch shorts, or pants; and ballet or jazz shoes.

2242 | Dance Arts studio | Mon | Apr 07-June 30 | 6:00-7:00 | Ages 10-12 | \$137.50

2243 | Dance Arts studio | Wed | Apr. 02-June 25 | 8:00-9:00 | Ages Teen | \$165.00

2244 | Dance Arts studio | Thu | Apr 03-June 26 | 6:00-7:00 | Ages 7-9 | \$165.00

*No class April 7-13 Spring Break



Aquatics

PARENT & CHILD AQUATICS - Covington Aquatic Center

This class includes Parent & Child Level 1 and Parent & Child Level 2 in which a parent or guardian must accompany the infant or child in the water. For each level, instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for infants and young children. It is important to understand that it is not designed to teach children to become good swimmers or even to survive in the water on their own. Rather, great experiences and fun activities are provided to teach infants and young children to: enter and exit the water safely; feel comfortable in the water; submerge and explore breath control; explore floating on the back and front; change body position in the water; play safely in the water; and experience wearing a life jacket. Parents learn how to hold and support your child in the water, how to select and fit a life jacket for your child, and valuable water safety information to make your family safe in and around the water.

Once infants or young children are able to comfortably perform the skills in level 1, they should progress to level 2. Each class uses toys, songs, fun and games to keep the children engaged and enjoying the water experience, all while teaching them basic aquatic skills. Level 2 builds upon the skills learned in Level 1 and will teach your child to learn more ways to enter and exit the water safely; submerge in a rhythmic pattern; glide on the front and back with assistance; perform combined stroke on front and back with assistance; change body position in the water; and experience wearing a life jacket in the water.

Preschool & Child Aquatics classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2111.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6 mo-4 yrs | \$40.50 (CDF \$33.00)

2211.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

*No class 4/20/14

2111.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$40.50 (CDF \$33.00)

2211.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2311.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2411.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$47.25 (CDF \$38.50)

2111.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$40.50 (CDF \$33.00)

2211.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2311.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2411.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2111.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$47.25 (CDF \$38.50)

2211.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

2111.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6 mo-4 yrs | \$47.25 (CDF \$38.50)

2211.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6 mo-4 yrs | \$54.00 (CDF \$44.00)

Aquatics

PRESCHOOL AQUATICS LEVEL 1 - Covington Aquatic Center

For each level of Preschool Aquatics, instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for young children. Preschool Aquatics puts the “fun” in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim. In Preschool Aquatics Level 1, your child is introduced to basic skills. These skills lay the foundation for future skill development of swimming strokes. Certain milestones are necessary for successful completion of Preschool Aquatics Level 1, including: entering the water independently using the ladder, steps, or side and travel at least five yards; submerging mouth and blowing bubbles for at least three seconds; exiting the water safely; gliding on front for at least two body lengths; rolling to back and floating for three seconds; and recovering to a vertical position.

Preschool Aquatics Level 1 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2121.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2221.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2121.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2221.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2321.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2421.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2121.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2221.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2321.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2421.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2121.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2221.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2121.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2221.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

AQUATICS CLASS LOCATION AND CONTACT INFORMATION

All aquatics classes are located at the
Covington Aquatic Center
18230 SE 240th St, Covington, WA 98042,
next to Tahoma High School.

Phone: (253) 480-2480

Email Address: parks@covingtonwa.gov

Website: www.covingtonwa.gov/cac

Please note that schedule and program information is subject to change.
For the most up-to-date information, please visit www.covingtonwa.gov/cac.

Aquatics

PRESCHOOL AQUATICS LEVEL 2 - Covington Aquatic Center

In Preschool Aquatics Level 2, instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for young children. Preschool Aquatics puts the “fun” in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim. Some of the milestones in Level 2 include: gliding on front at least two body lengths; rolling to back, floating on back for five seconds then recovering to a vertical position; gliding on back for at least two body lengths; rolling to front, floating for five seconds then recovering to a vertical position; swimming using combined arm and leg actions on front for three body lengths; and rolling to back, floating for five seconds, rolling to front then continuing to swim on front for three body lengths.

Preschool Aquatics Level 2 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2122.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2222.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2122.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2222.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2322.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2422.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2122.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2222.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2322.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2422.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2122.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2222.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2122.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2222.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes



Aquatics

PRESCHOOL AQUATICS LEVEL 3 - Covington Aquatic Center

In Preschool Aquatics Level 3, our instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for young children. Preschool Aquatics puts the “fun” in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim. Some of the milestones in Level 3 include: stepping from the side into chest-deep water; moving into a front float for five seconds, rolling to back, floating for five seconds then recovering to a vertical position; moving into a back float for five seconds, rolling to front then recovering to a vertical position; pushing off and swimming using combined arm and leg actions on front for five body lengths; and rolling to back, floating for 15 seconds, rolling to front then continuing to swim for five body lengths.

Preschool Aquatics Level 3 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2123.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2223.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2123.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2223.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2323.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2423.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2123.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 4-5 | \$57.00 (CDF \$46.50) 6 classes

2223.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2323.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2423.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2123.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2223.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

2123.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 4-5 | \$66.50 (CDF \$54.25) 7 classes

2223.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 4-5 | \$76.00 (CDF \$62.00) 8 classes

LEARN TO SWIM AQUATICS LEVEL 1 - Covington Aquatic Center

For every level of Learn-to-Swim, instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim. In Learn to Swim Level 1 - Introduction to Water Skills, your child is introduced to basic skills as the foundation for future skills. Certain milestones are necessary for successful completion of Learn to Swim Level 1, including: entering the water independently using ladder, steps, or side.; traveling at least five yards, bobbing three times then safely exiting the water; gliding on front supported at least two body lengths; rolling to a back float for three seconds with support; and recovering to a vertical position with support.

Aquatics

Learn to Swim Aquatics Level 1 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2131.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2231.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

* No class 4/20/14

2131.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2231.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2331.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2431.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2131.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2231.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2331.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2431.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2131.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2231.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2131.07.0000 | Sat | March 15-April 26 | 9:00-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2231.07.0000 | Sat | May 3-June 21 | 9:00-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

LEARN TO SWIM AQUATICS LEVEL 2 - Covington Aquatic Center

In Learn to Swim Level 2 - Fundamental Aquatic Skills builds on skills learned in Level 1. Some of the milestones that are necessary for successful completion of Level 2 include: stepping from the side into chest-deep water; moving into a front float for five seconds, rolling to back, floating for five seconds then recovering to a vertical position; moving into a back float for five seconds, rolling to front then recovering to a vertical position; and pushing off and swimming using combined arm and leg actions on front for five body lengths, rolling to the front then continue swimming for five body lengths.

Learn to Swim Aquatics Level 2 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2132.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2232.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2132.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2232.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2332.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2432.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2132.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2232.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

Aquatics

2332.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2432.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2132.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2232.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2132.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2232.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

LEARN TO SWIM AQUATICS LEVEL 3 - Covington Aquatic Center

In Learn-to-Swim Level 3 - Stroke Development, instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Some of the milestones in Learn to Swim Level 3 include: jumping into deep water from the side; swimming the front crawl for 15 yards; maintaining position by treading or floating for 30 seconds; and swimming the elementary backstroke for 15 yards.

Learn to Swim Aquatics Level 3 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2133.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2233.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2133.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2233.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2333.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2433.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2133.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes

2233.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2333.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2433.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2133.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2233.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2133.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2233.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

Aquatics

LEARN TO SWIM AQUATICS LEVEL 4 - Covington Aquatic Center

In Learn-to-Swim Level 4 - Stroke Improvement, instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Some of the milestones in Level 4 include: swimming the front crawl for 25 yards; swimming the elementary backstroke for 25 yards; swimming the breaststroke for 15 yards; swimming the back crawl for 15 yards; and open turns on the front and back.

Learn to Swim Aquatics Level 4 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2134.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2234.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2134.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2234.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2334.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2434.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2134.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2234.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2334.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2434.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2134.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2234.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2134.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2234.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

LEARN TO SWIM AQUATICS LEVEL 5 - Covington Aquatic Center

In Learn-to-Swim Level 5 - Stroke Refinement, instructors follow a plan to introduce new swimming and water safety skills and to build on ones previously learned. The expectations are higher for participants now in regards to distance and quality. Each class is loaded with engaging and challenging activities and drills to build endurance and improve technique. Some of the milestones in Learn to Swim Level 5 include: performing a shallow-angle dive into deep water; swimming the front crawl for 50 yards; swimming the breaststroke for 25 yards; and swimming the back crawl for 25 yards.

Learn to Swim Aquatics Level 5 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2135.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2235.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

Aquatics

2135.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2223.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2335.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2435.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2135.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2235.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2335.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2435.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2135.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2235.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2135.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2235.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

LEARN TO SWIM AQUATICS LEVEL 6 - Covington Aquatic Center

In Learn-to-Swim Level 6 - Personal Water Safety and Fitness Swimmer, students refine swimming and water safety skills. The expectations are quite high in regards to distance and quality. Students also learn more complex safety skills to help survive in an emergency. Some skills include: swimming 500 yards continuously using any three strokes of choice and swimming at least 50 yards of each stroke, and basic rescue techniques.

Learn to Swim Aquatics Level 6 classes are scheduled for 30 minutes with availability scheduled between the listed time ranges.

2136.01.0000 | Sun | March 16-April 27* | 9:30 am-12:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2236.01.0000 | Sun | May 4-June 22 | 9:30 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2136.24.0000 | Mon/Wed | March 10-March 26 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2236.24.0000 | Mon/Wed | March 31-April 23 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2336.24.0000 | Mon/Wed | April 28-May 21 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2436.24.0000 | Mon/Wed | May 28-June 18 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes

2136.35.0000 | Tue/Thu | March 11-March 27 | 4:00-7:00 pm | Ages 6-15 | \$57.00 (CDF \$46.50) 6 classes
2236.35.0000 | Tue/Thu | April 1-April 24 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2336.35.0000 | Tue/Thu | April 29-May 22 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes
2436.35.0000 | Tue/Thu | May 27-June 19 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2136.06.0000 | Fri | March 14-April 25 | 4:00-7:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2236.06.0000 | Fri | May 2-June 20 | 4:00-7:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes

2136.07.0000 | Sat | March 15-April 26 | 9:00 am-12:00 pm | Ages 6-15 | \$66.50 (CDF \$54.25) 7 classes
2236.07.0000 | Sat | May 3-June 21 | 9:00 am-12:00 pm | Ages 6-15 | \$76.00 (CDF \$62.00) 8 classes



Featured Events



July 19-20, 2014



July 25, Aug. 1, Aug. 8, 2014



Aug. 16, 2014

Community Tree Lighting Celebration



Dec. 6, 2014



Aquatics

DAYTIME WEEKDAY SPLIT-LEVEL CLASSES - Covington Aquatic Center

Different split-level classes from Preschool Aquatics and Learn-to-Swim are offered on weekday mornings. Split-level classes combine curriculum and focus on skill development of students within their skill level.

Mon/Wed | March 10-March 26 | 9:00-11:30 am | Ages vary | \$57.00 (CDF \$46.50) 6 classes

Mon/Wed | March 31-April 23 | 9:00-11:30 am | Ages vary | \$76.00 (CDF \$62.00) 8 classes

Mon/Wed | April 28-May 21 | 9:00-11:30 am | Ages vary | \$76.00 (CDF \$62.00) 8 classes

Mon/Wed | May 28-June 18 | 9:00-11:30 am | Ages vary | \$66.50 (CDF \$54.25) 7 classes

Tue/Thu | March 11-March 27 | 9:00-11:30 am | Ages vary | \$57.00 (CDF \$46.50) 6 classes

Tue/Thu | April 1-April 24 | 9:00-11:30 am | Ages vary | \$76.00 (CDF \$62.00) 8 classes

Tue/Thu | April 29-May 22 | 9:00-11:30 am | Ages vary | \$76.00 (CDF \$62.00) 8 classes

Tue/Thu | May 27-June 19 | 9:00-11:30 am | Ages vary | \$76.00 (CDF \$62.00) 8 classes

COMPETITIVE SWIM TRAINING - Covington Aquatic Center

Competitive Swim Training focuses on the four competitive swimming strokes (crawlstroke, back crawl, breaststroke, and butterfly), swimming drills, endurance interval training, starts, turns, and other competitive swimming skills. Students must be at a Learn-to-Swim Level 6 skill-level in the competitive swimming strokes in order to participate in this class.

2151.01.1030 | Sun | March 16-April 27* | 10:30-11:30 am | All Ages | \$90.00 (CDF \$75.00) 6 classes

2251.01.1030 | Sun | May 4-June 22 | 10:30-11:30 am | All Ages | \$120.00 (CDF \$100.00) 8 classes

*No class 4/20/14

2151.24.1800 | Mon/Wed | March 10-March 26 | 6:00-7:00 pm | All Ages | \$90.00 (CDF \$75.00) 6 classes

2251.24.1800 | Mon/Wed | March 31-April 23 | 6:00-7:00 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2351.24.1800 | Mon/Wed | April 28-May 21 | 6:00-7:00 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2451.24.1800 | Mon/Wed | May 28-June 18 | 6:00-7:00 pm | All Ages | \$105.00 (CDF \$87.50) 7 classes

2151.35.1730 | Tue/Thu | March 11-March 27 | 5:30-6:30 pm | All Ages | \$90.00 (CDF \$75.00) 6 classes

2251.35.1730 | Tue/Thu | April 1-April 24 | 5:30-6:30 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2351.35.1730 | Tue/Thu | April 29-May 22 | 5:30-6:30 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2451.35.1730 | Tue/Thu | May 27-June 19 | 5:30-6:30 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2151.06.1800 | Fri | March 14-April 25 | 6:00-7:00 pm | All Ages | \$105.00 (CDF \$87.50) 7 classes

2251.06.1800 | Fri | May 2-June 20 | 6:00-7:00 pm | All Ages | \$120.00 (CDF \$100.00) 8 classes

2151.07.1030 | Sat | March 15-April 26 | 10:30-11:30 am | All Ages | \$105.00 (CDF \$87.50) 7 classes

2251.07.1030 | Sat | May 3-June 21 | 10:30-11:30 am | All Ages | \$120.00 (CDF \$100.00) 8 classes

Aquatics

ADVANCED SWIM TRAINING - Covington Aquatic Center

This Advanced Swim Training Class is intended for competitive swimmers or lap swimmers of at least 13 years old who wish to practice their skills, improve their technique, and continue to develop their swimming endurance.

2161.35.1530 | Tue/Thu | March 11-March 27 | 3:30-4:30 pm | 13-Adult | \$57.00 (CDF \$46.50) 6 classes

2261.35.1530 | Tue/Thu | April 1-April 24* | 3:30-4:30 pm | 13-Adult | \$76.00 (CDF \$62.00) 8 classes

2361.35.1530 | Tue/Thu | April 29-May 22 | 3:30-4:30 pm | 13-Adult | \$76.00 (CDF \$62.00) 8 classes

2461.35.1530 | Tue/Thu | May 27-June 19 | 3:30-4:30 pm | 13-Adult | \$76.00 (CDF \$62.00) 8 classes

*No class 4/20/14

2161.07.1100 | Sat | March 15-April 26 | 11:00 am-12:00 pm | 13-Adult | \$66.50 (CDF \$54.25) 7 classes

2261.07.1100 | Sat | May 3-June 21 | 11:00 am-12:00 pm | 13-Adult | \$76.00 (CDF \$62.00) 8 classes

ADDITIONAL COURSES—Covington Aquatic Center

The Covington Aquatic Center offers additional water safety courses not listed here, including:

American Red Cross Lifeguard Training & Review Courses

Northwest Lifeguard Test Preparation Courses

American Red Cross Water Safety Instructor Training Courses

Aquatic Volunteer Academy

MAKE A SPLASH!
at 18230 SE 240th St Covington, WA 98042

American Red Cross
Swimming Lessons
Water Exercise Classes
Public Swims
Pool Parties
Lap Swims

**Covington
Aquatic
Center**

(253) 480-2480
www.CovingtonWA.gov/CAC

Covington
parksandrecreation

CITY OF COVINGTON

**Are you
harboring a fugitive?**

1'0"
6"

Make your pet legal.

It's the law! Pet licenses can be purchased or renewed at Covington City Hall at 16720 SE 271st St #100, Covington.

Regional Animal Services of King County

CITY OF COVINGTON

Aquatics

DROP-IN DEEP WATER EXERCISE CLASSES - Covington Aquatic Center

Deep Water Exercise Classes give one of the greatest aerobic and toning workouts available with absolutely no impact to the body's joints. Workouts during this one-hour drop-in class include the use of Hydro-Fit™ equipment provided by the pool. No swimming is required.

DROP-IN SHALLOW WATER EXERCISE CLASSES - Covington Aquatic Center

This is a low impact class that provides a great aerobic and cardiovascular workout with muscle toning. No swimming is required.

Water Exercise Classes (Per Class)*

Youth/Adult | \$8.25 (CDF \$6.75) 10-Visit Card | \$74.25 (CDF \$60.75)
Senior/Disabled | \$6.50 (CDF \$5.25) 10-Visit Card | \$58.50 (CDF \$47.25)

*Save money with WaterX or Aqua Plus Memberships!

MEMBERSHIPS

Memberships benefit those individuals and families that want to be frequent users of the Covington Aquatic Center. Rather than paying per visit, membership users pay for access to facilities and programs. There are three different membership types: Aqua Memberships, Aqua Plus Memberships, and WaterX Memberships. Each membership may be purchased for a 3-month term, or a 12-month term. The 12-month term memberships may be paid in monthly installments and has the option for automatic renewals.

PRIVATE PARTY RENTALS - Covington Aquatic Center

The pool and a party room are available for private rental by the hour during designated times, and when there are no conflicting programs or private user groups scheduled. Pool rentals are fully lifeguarded and include all available amenities.

Private Party Rentals (Per Hour)

1-25 Swimmers | \$150.00 (CDF \$125.00) 91-120 Swimmers | \$260.00 (CDF \$215.00)
26-60 Swimmers | \$195.00 (CDF \$160.00) 121-150 Swimmers | \$280.00 (CDF \$230.00)
61-90 Swimmers | \$235.00 (CDF \$195.00) Party Room | \$45.00 (CDF \$35.00)

COVINGTON AQUATIC CENTER SWIM SHOP

Swimming tools and accessories are available for retail sale at the Covington Aquatic Center's Swim Shop, located at the front desk. - Merchandise includes items such as swimming caps, goggles, nose clips, swim diapers, and more!

Aquatics Special Events

APRIL POOLS' DAY - FREE

The biggest water safety event of the year! This free event includes: free swimming or diving lessons and water safety games and activities from 1-2 p.m., and a free public swim from 2- 3 p.m.

Saturday | April 19 | 1:00-3:00 pm | FREE

UNDERWATER EASTER EGG HUNT - NEW

The Hunt is on! Enjoy a special Easter treat during the regular public swim and search for surprises in eggs under the water.

Sunday | April 20 | 1-2 p.m. | \$4.50 General Fee, \$3.75 Covington Resident Discount

MOTHER'S DAY & FATHER'S DAY SPECIAL

Moms and dads get to swim for free, all day, on their special day!

Mother's Day | Sunday | May 11 | All day | All drop-in programs

Father's Day | Sunday | June 15 | All day | All drop-in programs



Aquatic Center Schedule

SUNDAYS

9:30am - 10:30am	Deep Water Exercise Class
9:30am - 12:00pm	Swimming Lessons
11:30am - 1:00pm	Lap Swim
12:00pm - 1:00pm	Family Swim
1:00pm - 2:00pm	Public Swim

MONDAYS / WEDNESDAYS

5:30am - 7:00am	Lap Swim & Family Swim
8:30am - 9:30am	Shallow Water Exercise
9:00am - 11:30am	Swimming Lessons
9:30am - 10:30am	Deep Water Exercise
11:30am - 1:00pm	Lap Swim & Family Swim
3:30pm - 7:00pm	Swimming Lessons
7:00pm - 8:00pm	Half-Public Swim (no water slide/magic carpet)
8:00pm - 9:00pm	Lap Swim & Family Swim

TUESDAYS / THURSDAYS

8:30am - 9:30am	Shallow Water Exercise
9:00am - 11:30am	Swimming Lessons
9:30am - 10:30am	Deep Water Exercise
11:30am - 1:00pm	Lap Swim & Family Swim
3:30pm - 7:00pm	Swimming Lessons
7:00pm - 8:00pm	Public Swim (with water slide & magic carpet)
8:00pm - 9:00pm	Lap Swim & Deep Water Exercise

FRIDAYS

5:30am - 7:00am	Lap Swim & Family Swim
8:30am - 9:30am	Shallow Water Exercise
9:00am - 11:30am	Swimming Lessons
9:30am - 10:30am	Deep Water Exercise
11:30am - 1:00pm	Lap Swim & Family Swim
3:30pm - 7:00pm	Swimming Lessons
7:00pm - 8:00pm	Lap Swim & Half-Public Swim (no water slide/magic carpet)
8:00pm - 10:00pm	Promotional Public Swim (with octopus or magic carpet)*

SATURDAYS

9:30am - 10:30am	Deep Water Exercise Class
9:30am - 12:00pm	Swimming Lessons
11:30am - 1:00pm	Lap Swim
12:00pm - 1:00pm	Family Swim
1:00pm - 2:00pm	Public Swim
2:00pm - 3:00pm	Public Swim



POOL RENTAL TIMES

The pool is available for private parties:
Sundays - Starting at 2:00pm
Saturdays - Starting at 3:00pm

Participate in Covington's Summer Events!

Covington Days Festival | Summer Concert Series | KidsFest

Be a Vendor!

Vendor applications for the Covington Days Festival are now being accepted. A limited number of spaces for commercial businesses, arts and crafters, professional services, non-profits and food vendors are available.

Arts & Craft/Non-profit - \$50 | Commercial - \$150
Food - \$250-\$400 | Professional Services - \$250

Snag an application quick because our spots fill up fast. We sold out of vendor spaces in 2013! Applications are available online at www.covingtonwa.gov/covingtondays.

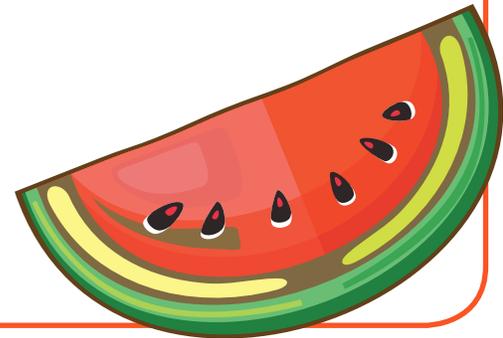
Be a Sponsor!

We continue to offer events free to the community due to the help of our sponsors. Businesses and organizations donate cash, gift cards, food, and even equipment and supplies to our events. Sponsors help in many ways and so can you! Even a \$5 donation could provide a free activity to a child. Sponsorship info is available online at www.covingtonwa.gov/sponsorship. Donations may be sent to Covington City Hall, 16720 SE 271st St #100, Covington, WA 98042.

Be a Volunteer!

Volunteering at an event is a great way to earn community service hours, learn about how events and festival work, and give back to your community.

For Covington Days, July 19 & 20, we need volunteers to help run kids carnival games, attend to parking, monitor entrances and exits, help keep the festival looking good, and much more. We love our volunteers so much, that we provide a snack break room and great thank you gifts, too! Contact Communications & Marketing Manager Karla Slate for more info kslate@covingtonwa.gov or (253) 480-2402.



Registration Information

Online

Class information and details can be viewed online at www.CovingtonWA.gov. You must create a user account if you want to register and pay online.

Phone

Register for your favorite class by calling the Covington Aquatic Center at (253) 480-2480.

Mail

Or, mail in a printed form to sign up for classes. Forms can be downloaded from the web or picked up at Covington City Hall at 16720 SE 271st St. in Covington.