

Covington Parks and Recreation Classes

We've heard your requests and now we're delivering! The City of Covington's Parks and Recreation Department is now offering recreation classes for all ages from kid's dance to adult aerobics and more. The first sets of classes are scheduled to begin in January and registration officially opens on December 15. To register for recreation classes, please call (253) 480-2480. Here's what we're offering:

Adult Aerobics

Rizzmic – It's an all American dance fitness format that uses exclusively American music and dance styles. You will find a huge variety in this calorie burning class: Jive, Rock, Hip Hop, Disco, Jazz, 80's, and so much more! No dance experience is required. Each session includes four classes. *Wednesday, Jan.9-March 27 / 9:45-10:45 a.m. / Ages 16+ / \$24/session*

Youth Classes

Super Sitters – Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class. Additional Babysitter's Kits available from instructor for \$20. *Saturday, Feb. 16 / 9 a.m.-3 p.m. / Ages 11-16 / \$60/class*

Pre-School Age Classes

Little Athletes – Come explore soccer, football, t-ball, basketball, volleyball, and track. Each week we'll learn a new sport. Emphasis will be placed on team work and good sportsmanship. Now is your chance to find your favorite sport! *Tuesday, Jan. 8-March 26 / 9:15-10 a.m. / Ages 3-5 / \$83/session*

Messy Time – Come dressed for a mess. Have fun exploring the joy of art using different themes and materials each week. Parents will stay to participate. *Tuesday, Jan. 8-March 26 / 10:15-11 a.m. / Ages 2-4 / \$96/session*

Alphabet Soup – Each week we will focus on two letters. Through show and tell, art projects, songs, games, rhymes and movement we will learn the alphabet together! *Tuesday, Jan. 8-March 26 / 11:05-11:50 a.m. / Ages 3-5 / \$96/session*

Beginning Dance Combo – This class introduces students to several different dance styles. Basic combinations of beginning level Ballet, Tap, Jazz, and Hip Hop. Suggested Attire: leotards, tights, pink ballet shoes, and black tap shoes. *Tuesday, Jan. 8-March 26 / 4:30-5:15 p.m. / Ages 5-7 / \$120/session*

Beginning/Intermediate Dance Combo – This class is for the older students and introduces several different dance styles. Basic combinations of beginning level Ballet, Tap, Jazz, and Hip Hop. Suggested attire: leotards, tights, pink ballet shoes and black tap shoes. *Tuesday, Jan. 8-March 26 / 5:15-6 p.m. / Ages 8-11 / \$120/session*

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